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THE NEWS-LEDGER

USPS 388-320

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41th Year ◆ No. 11 | Serving the West Sacramento Region Since 1964 | Wednesday, Oct. 27, 2004

Gunmen rob cell phone store on West Capitol Ave.

Two men robbed a cell phone store in West Sacramento at gunpoint on Saturday.

According to police reports, the men, armed with a black semi-automatic handgun, entered the Metro PCS store at about 1 p.m. on the 2900-block of West Capitol Avenue and forced the clerk into the bathroom. They then stole cell phones and accessories, as well as cash, and left.

One of the two men was described as a Hispanic male, about 33 years old, 5' 8", 220 lbs. (a "heavy" build), with a medium complexion, hazel eyes, and short shaved black hair.

The second was described as a 25-year old Hispanic male, 5' 6" tall, 180 lbs., with a medium build, medium complexion, and short sandy hair. Both spoke Spanish as well as accented English.

Anyone with information is asked to call the police department at 372-2461.

$30 million water plant upgrade —

From the City of West Sacramento

The $30 million expansion of the Bryte Bend Water Treatment Plant is finished, and city officials believe it will meet the needs of West Sacramento through the projected build-out of the city in the year 2020. The plant's expansion more than doubles the plant's capacity to treat water pumped from the Sacramento River. The plant is located north of West Sacramento near the I-80 bridge.

Participating in Thursday's open house ceremony at the plant were (left to right) Mayor Christopher Cabaldon, Councilman Mark Montemayor, Plant Superintendent Dan Mount, Councilman Bill Kristoff and his father George Kristoff, who helped organize "East Yolo People for Better Water," which was a local, pre-city effort to build the original plant in 1987.

BRYTE BEND
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Meet the candidates:

More questions and answers with people running for election to the school board of the Washington Unified School District

KARL MACHSCHEFES,
School board incumbent

What specific skills would you bring to the school board?

I bring experience in the classroom, the experience of architectural design and the ability to see solutions.

What are your two top priorities while on the board?

We need to add a K-8 school south of West Capitol and we need to extend full day Kindergarten to all elementary schools.

How would you describe a board member's job duties and relationship with staff?

A board member needs to see the big picture, understand the details, and give a clear vision and direction to staff. We also need to listen to staff for their input and expertise in order to become better leaders.

Aside from new campuses and campus renovation, what are the district's greatest accomplishments in the past five years?

Adopting Open Court reading program, securing a site

Please see MACHSCHEFES, p. 12

RICHARD NOVOA
Civil Rights
contract analyst
Department of Transportation

What specific skills would you bring to the school board?

I would bring 20 years of Civil Rights and Labor Relations experience to the WUSD. Also, my contract negotiations state budget, and small business development management work experience would be very valuable to the new challenges facing the new board. My 48 years of living and growing up in West Sacramento along with my ability to speak Spanish and understanding of the Hispanic culture would be a huge bonus in developing our failing bi-lingual program.

What are your two top priorities while on the board?

My top priorities would be to work closely with the city, county, and state government partners. To ensure the district hires knowledgeable staff to improve the educational system. Also the school board needs to build a strong connection between staff, students and the community. Especially the Hispanic commu-

Please see NOVOA, p. 12

City effort underway: 1,000 trees —

By Art Schroeder
Public Information Officer
City of West Sacramento

To plant 1,000 new tress over the next 12 months is the goal of a new program managed by the City of West Sacramento. The "West Sacramento Tree Program" will add trees of various species to major streets, schools and parks throughout the city. The first of these trees have begun appearing on the West Capitol Avenue median strip in the city's central business district.

"Planting trees has many great benefits to a community," said Mayor Christopher Cabaldon. "Trees not only beautify, but they help cool the environment and remove pollutants from the air."

The tree planting fund is supported by a tree mitigation agreement with the Sacramento Regional County Sanitation District, which is constructing a 19-mile regional pipeline that will provide high quality sewer service to West Sacramento and other growing areas. In addition, the tree program will provide tree planting and maintenance education to residents who experience tree abatement.

The program will utilize approximately 30 species of trees, including several native to the area, such as Valley Oaks, California Sycamore and Black Walnut.

"Some of the trees to be planted are fast-growing and shade-producing, like London Plane and Trident Maple," said Dena Kirtley, the city's program coordinator. "The program will follow landscape design guidelines established by the city of West Sacramento."

Left to right: Dwight Washabaugh, director of Sacramento Local Conservation Corps; Mayor Christopher Cabaldon, Agriculture and Natural Resources Commissioner Jeri Wingfield, Council member Carolyn Castillo Pierson; Mayor Pro Tem Oscar Villegas; Council member Mark Montemayor, and Tree Program Coordinator Dena Kirtley

Cabaldon champions 'Smart Growth,' seeks two more years

By Steve Marschke
News-Ledger Editor

Christopher Cabaldon has become a driving force in West Sacramento politics since winning election to the city council in 1996. Now, as the incumbent mayor, he is seeking election to a two-year term as mayor in the city's first-ever separate ballot for the post. In the past, the mayor has been by the five city council members from among themselves.

Cabaldon is running against challenger Tom Martin, a local parking enforcement officer and newcomer to politics.

Cabaldon is proud of the direction the city is headed, particularly what he sees as an opportunity for high quality growth.

"The biggest accomplishment here in the last two years is that we've taken the momentum from (the construction of) Raley Field and River Walk Park in the prior year and intensified the renaissance," Cabaldon told the News-Ledger. What happens after the first big win in a lot of communities is they get complacent, and it's difficult to make progress after that first win. But we are breaking the 'glass ceiling' for retail. Bringing Ikea here was a great win."

The turning point was the creation of that Triple-A ballpark – a joint effort between cities and counties on both sides of the river to put a stadium in West Sacramento, said the mayor.

"That meant smashing the old myth that we couldn't work with partners outside our city and others in the region. And that one project transformed West Sacramento's image and its ability to attract new amenities."

Cabaldon believes the city "is in very solid financial health, mostly from very prudent fiscal management since incorporation in 1987." The city's police and fire services, he added, are "very solid," although "we want to have the best, we want to be on the top and that will require (financial support from) economic development such as Ikea or Home Depot."

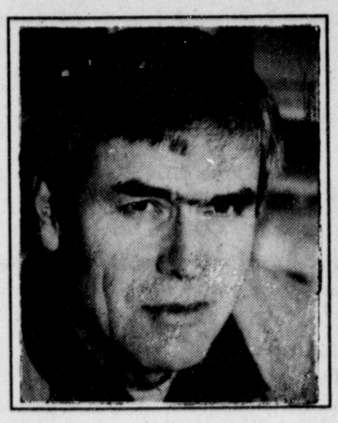
The mayor has been an advocate of "Smart Growth" development that tries to put the densest regional development closest to transportation avenues, and the least-dense development farther away. It's a strategy partly designed to prevent sprawl-related problems like traffic and air pollution.

"It's not about density, it's about how you create a sustainable growth pattern," he explained. "To ignore density altogether and say, let's just develop growth the way we have been doing is to create

Please see CABALDON, p. 5

So, just how do you discipline a child?

My Back Pages



By Daryl Fisher

The other evening I was talking to a friend who is only in his mid-30's but already has as many sons as I do when he suddenly asked, "When your boys were young, did they do a lot of really gross stuff?"

"Depends on what you would consider gross, I guess," I answered.

"Well," he said, "for instance, my oldest son can make himself fart any old time he wants and his brothers are always encouraging him to do it at the most inappropriate times."

"Like when?"

"Usually when company is in the house, because he knows I'm not going to stand up and swat him in front of our guests. It's driving me and my wife nuts."

"You're not talking about that thing that most all young boys do where they put their hand in their armpit and make a farting-like sound are you?"

"Nope," he assured me, "I'm talking about the real thing!"

"Well, that certainly is a unique talent alright," I said. "How old is he?"

"Eleven."

"Well," I said, "I'm afraid it's been my experience that when it comes to really gross stuff, you've still got another couple of years to go. Thirteen or so seems to be the magic number, although you won't see any dramatic improvement in the hygiene area until they actually get a girlfriend."

"Really?"

"Yeah. They don't start taking showers, brushing their teeth, or changing their underwear on a regular basis until a young lady starts to show a little interest in them. But if I remember right, most of the really gross behavior and annoying bathroom humor seems to start dying out around thirteen."

"So, there's light at the end of the tunnel then, huh?"

"Oh sure."

"Good, because this farting thing has got to the point where I'm worried that I'm going to strangle him!"

"So," I asked with interest, "just how have you been going about disciplining such behavior."

"That's the real problem," he explained, "because my wife and I have totally different ideas about how you should discipline children."

"Really?"

"Yeah, she has read all these books and articles that say you're not supposed to spank them or yell at them or lock them up in their rooms or do any of the stuff my parents used to do to me. Instead we're supposed to have these `time outs' and try to give explanations for why we're mad at them."

"Well, I guess that sounds like a better way of disciplining youngsters than the way most of our parents went about it."

"But none of this new stuff actually seems to work."

"Are you sure?"

"Well, I'm sure my kid is still farting when he damn well pleases!"

Then came the question I was kinda hoping to avoid. "So, Daryl, when your kids were young, how did you go about disciplining them? I mean, did you spank them or what?"

"Well," I answered, "my first born was my daughter and when she was young -- I'm talking about when she was two-years old or so -- she loved to stroll over to my bookcase and then she would leisurely -- defiantly actually -- proceed to unload it, book by book. Now the first 20 or so times she did this it was actually kinda cute, but since I was the one who had to keep putting all the books back where they belonged, it got old pretty quick. I kept telling her not to do it, and after one too many times of her ignoring me, I went over and swatted her butt, only to have my very upset wife point out that she could see my hand-print on my crying daughter's backside. So that was the end to my spanking days and then when my kids got to be about the age yours are now, I simply turned to bribery."

"Bribery?"

"That's right."

"You mean you paid them to be good?"

"Well, not exactly, but I soon discovered that what today's teenagers want most in the entire world -- other than electronic gadgets, cool clothes and junk food -- is extra spending money. However, very few of them actually want to get a job or do chores around the house to earn it. So I came up with what I called a `good kid's dividend'."

"A good kid's dividend?"

"That's right. You know, kind of like an end-of-the-year bonus a boss gives to an employee if they've had a productive year."

"You're kidding?"

"Nope, once my kids became more interested in money than toys, I made them a deal. If they managed to stay out of trouble each year -- and by that I mean such things as staying away from smoking, alcohol and drugs; doing relatively well in school; coming home at the hour they were supposed to; keep their rooms clean enough that people could actually walk through them; no speeding tickets when they started driving; stuff like that, then I would fork over a good kid's dividend at the end of the year."

"So, didn't that get pretty expensive?"

"Not really. All parents spend way too much on their kids anyway, so instead of always buying them stuff they really didn't need like $150 tennis shoes, I squirreled it away for their good kid's dividend. If you haven't already figured it out, our kids end up getting most every penny we've ever earned in one fashion or another anyway, so in a sense I just cut out the middleman."

"And that worked?"

"Well, who knows, but at the end of each year, if they hadn't caused me any more grief than usual, and if they were all still in school working towards some kind of degree, and if no one was pregnant that wasn't supposed to be, and if I hadn't had to bail any of them out of jail, they got their bonus."

"I think my wife would absolutely hate that idea," my friend assured me.

"So did mine."

New books at your local library—

By Elise McCallan
Arthur F. Turner Branch Library
1212 Merkley Ave.
West Sacramento

The Arthur F. Turner Branch Library has received the following new books:

"The Man in the Flying Lawn Chair and Other Excursions and Observations" by George Plimpton.

"Founding Myths: Stories That Hide Our Patriotic Past" by Ray Raphael.

"Nightingales: The Extraordinary Upbringing and Curious Life of Miss Florence Nightingale" by Gilliam Gill.

"Christian Jihad: Two Former Muslims Look at the Crusades and Killing in the Name of Christ" by Ergun Mehmet Caner and Emir Fethi Caner.

"Retirement for Two: Everything You Need to Know to Thrive Together as Long as You Both Shall Live" by Maryanne Vandervelde, Ph.D.

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The News-Ledger was founded August 14, 1964. It is the successor to the *Weekly Reader*, founded by Julius A. Feher in April, 1938, and incorporates the *West Sacramento News*, founded by Julius A. Feher in August, 1942.

The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

The News-Ledger is a newspaper of general circulation by Yolo County Superior Court decrees No. 21893, dated June 1, 1967, and No. 29812, dated June 4, 1973.

Michael P. Garten, Owner/Publisher
Successor to Julius A. Feher, 1988
Steven K. Marschke, Editor
Daryl Fisher, Features Editor
Richard Novoa, Sports Correspondent
Barry Blacklaw, Photographer
Daryl Fisher, Advertising Director

Second Class Mail privileges authorized May 10, 1965 at the West Sacramento Post Office. Second Class Mail paid at West Sacramento, CA 95691.

Price per copy: 35 cents.

Subscription price: $20.00 per year within Yolo County (including West Sacramento); $25.00 per year elsewhere in the United States. Delivery by mail. Call (916) 371-8030.

News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the *News-Ledger* office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

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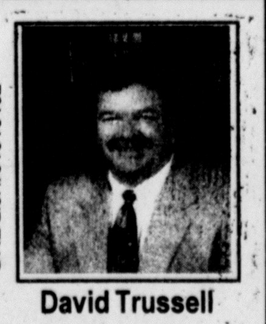
'The rest of the story'



DRE Lic. #01010462
David Trussell

HOME SALES REMAIN ROBUST:

The current volume of home sales is surprising the experts who predicted a more sluggish market in late summer or fall of this year. At today's rate of sales, about 6.95 million homes will be sold this year – an all-time annual record.

We expected sales to ease, but it's now clear the market has tremendous momentum. The improving job market and higher consumer confidence are feeding into a large demographic demand for housing. Home sales will probably remain quite strong, even with some easing expected in the next few months.

Another key motivator driving today's robust homes sales is the continuing low mortgage interest rates. At this writing, that rate hovers around 6 percent for a 30-year, fixed-rate mortgage, and significantly less for a 15-year loan or adjustable-rate mortgage (ARM).

Considering most forecasts are projecting mortgage interest rates to only gradually rise, this could keep the housing market from taking as much of a breather as was anticipated in early summer. This year is well on the way to setting an annual record.

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Obituary—

Harold Bee

Harold Bee was born on September 29, 1919 and passed away on August 8, 2004. He was a longtime resident of West Sacramento and is survived by his wife, Mary Lee Bee; daughter, Judy Bee; son, Gary Bee; granddaughter, Tisha Bee; grandsons, Jason and Greg Bee; and their families and friends. He will be laid to rest in Santa Cruz, California, where he was born and raised, and he will be greatly missed by all those who knew and loved him.

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SPORTS

SPORTS INSIDER

By Richard Novoa

Halloween is just around the corner and baseball fans in Boston and St. Louis are seeing red people. It's an eerie feeling to see two teams that haven't been to the fall classic since the 1980's. I predicted the Red Sox would beat New York in the American League championship series in seven games but I didn't expect the Sox to set baseball history.

The Red Sox were down to their final out in game four to battle back and win the next four games including the final two games in New York. The new hero in baseball is a young 23-year-old player named David Ortiz. Ortiz (Papi) single handily carried the Sox during the series.

In the National series I also picked the Cards to win but it turned out to be another barnburner after St. Louis won the first two games but than dropped three in row in Houston. The Astros had the series in hand but the Cards would not die winning the next two at home and the rest in history. The 2004 World Series matches the wild bunch Red Sox against the awesome lineup of the Red Birds.

The Red Sox starting pitcher Curt Schilling played despite stitches in his ankle as the Red Sox try to reverse the Bambino curse. The Yankees watched in horror as the Red Sox tagged their ace Marino Rivera in consecutive games and their powerful bats went silent.

Yankees all-star outfielder, Gary Sheffield, was quoted in a Boston newspaper saying that the Red Sox were a bunch of over rated players who talk the talk but can't walk the walk. Well, the Boston Idiots used that comment for a little incentive to sweep the next four games. I guess a $187 million pay roll can't buy a championship in New York.

The Red Sox now lead the World Series 2-0 after the fall classic moves to St. Louis for the next three games. It's not fair to pick the series winner with the Sox leading 2-0 but nothing will as exciting as the American League championship series. Boston should win this series! Or will they- it's Halloween weekend and the curse can still appear in Boston.

Week 7 in the NFL

The 49ers had a great week because of their Bye but the Oakland Raiders (2-5) continue to slide out of the playoff picture. The Raiders actually played good football cutting down on penalties, interceptions and were beating the Saints 21-9 late into the third quarter. Then Carlos Francis fumbled a kickoff to New Orleans and the Saints scored 21 unanswered points to hand the Silver and Black a 31-26 loss and their third straight loss at the Coliseum.

Next week the Raiders fans have some good news the first being the game will not be blacked out because they travel to San Diego (1:15 p.m.-ch.13). The bad news is the Raiders have lost 13 straight road games. The 49ers and Da Bears will have a spooking late game (5:30 p.m.-ESPN) in Chicago to see which team will improve their scary 1-5 season.

Last week I was 2-2 on my football picks but I did pick both winners in the baseball championship series. In week 8 the NFL the Bills (-3) will win their first game against Arizona and the 49ers (+3) will frighten the Bears into their sixth loss on Halloween and in the Monday night game the Dolphins (+7) will cover in New York. My college pick has Miss. St. (-2) beating Kentucky at home especially after they're upset over Florida that cost the Gators coaching staff their jobs next year.

Kings Korner

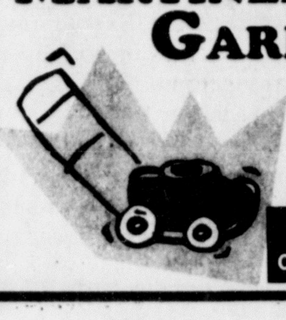
The NBA season starts the first week of November but the Sacramento Kings are stilling hustling to finalize their 2004/05 roster. Greg Ostertag and Doug Christie are still out with injuries. The Kings released Liu Wei, Tony Bland and Anwar Ferguson but there still leaves a few seats left on the bench to fill.

The Kings roster is at 17 players has they get set to play back-to-back games this weekend. The Kings will play on Thursday in Dallas (5:30) and at the Arco on Friday night (7:30 p.m.-ESPN) against Phoenix. The Kings will take a long hard look at Matt Barnes, Maurice Evans, Erik Daniels and David Bluthenthal.

The Kings will open the 2004/05 season in Texas playing games in Dallas, San Antonio and Houston. The Sacramento Boys will return to play their home opener on Nov. 9th against Toronto.

See ya next week -- enjoy your Halloween!

MARTINEZ BROTHERS GARDENING



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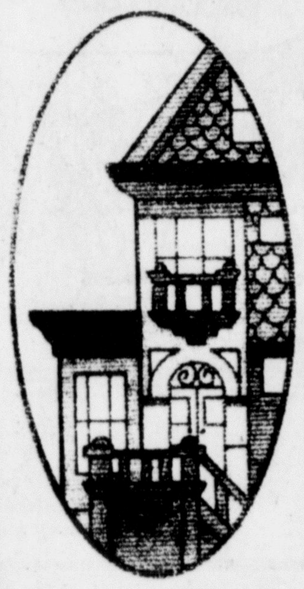

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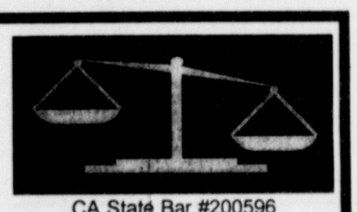

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***

Those who stay away from the election think that one vote will do no good: 'Tis but one step more to think one vote will do no harm.
—Ralph Waldo Emerson

***

***

Suffrage is the pivotal right.
—Susan B. Anthony

***

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Sports QUIZ

by Chris Richcreek

1. In the 2003 season, two players had 10 more homers than walks. One was Juan Gonzalez of the Texas Rangers with 24 homers and 14 walks. Who else did it?
2. Who held the Cincinnati Reds mark for career saves before Danny Graves broke it in 2004?
3. Only one NFL team has made the playoffs after starting the season 2-6. Name it.
4. When was the last time an NCAA men's basketball Final Four had no No. 1 seeds?
5. Who was the last American coach to win the NHL's Stanley Cup before Tampa Bay's John Tortorella in 2004?
6. How many U.S. World Cup championship teams was soccer star Michelle Akers a part of?
7. When Frank Bruno won his first major heavyweight title in 1995, whom did he beat?

Please see answers P. 11

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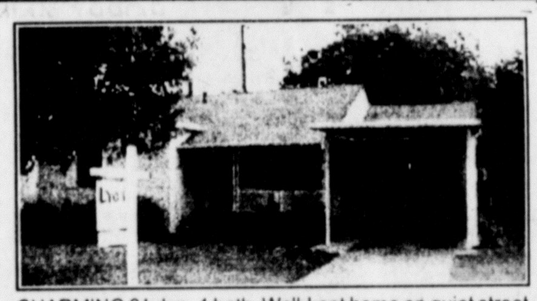

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FEATURED HOMES:

CORNER LOT with lots of curb appeal! Open & spacious great-room floor plan highlight this lovely Forecast home. Lovely portico entry, great room with fireplace, oak & tile kitchen, formal dining room, large bedrooms & lots of closet space. Create your own look to unfinished backyard. $409,500, 3100 Middle Bass Rd. Call Jina & Perry, (916) 425-1270.

BACK ON THE MARKET: BEAUTIFULLY UPDATED 3 bdrms, 2.5 bath townhome in best location in Touchstone! Gorgeous cabinets, laminate flooring, custom paint, stainless appliances, fabulous wood deck & much more! 2 pools, tennis & RV parking too! Walk to new Nugget shopping center. $297,500, 124 Touchstone Pl., call Jina & Perry, 425-1270.

Regional planning effort lauded

The Sacramento Area Council of Governments (SACOG) was named the best large metropolitan planning organization in the United States by the Association of Metropolitan Planning Organizations (AMPO). The award honored SACOG for its "Blueprint Project," using citizen input to strategize land use and transportation planning.

DeLania Hardy, executive director of AMPO, said the Blueprint Project, "created within a framework of extensive public outreach and involvement, provides an alternative vision for how the region may grow and change in the future."

SACOG serves the six-county Sacramento region including Yolo County and the City of West Sacramento. West Sacramento's mayor, Christopher Cabaldon, currently serves as chairman of SACOG.

Martin Tuttle, who recently announced a move to the private sector, led SACOG as its executive director during the development of the Blueprint Project.

Ahead in local government

West Sacramento's **Economic Development Advisory Commission** (EDAC) will meet at 6 p.m. tonight at city hall.

Among the agenda items: an overview of EPA "Brownfield" grant applications and consideration of a draft economic development strategy report.

The school board of the **Washington Unified School District** will meet Thursday at 7 p.m. in public session at city hall, 1110 West Capitol Avenue.

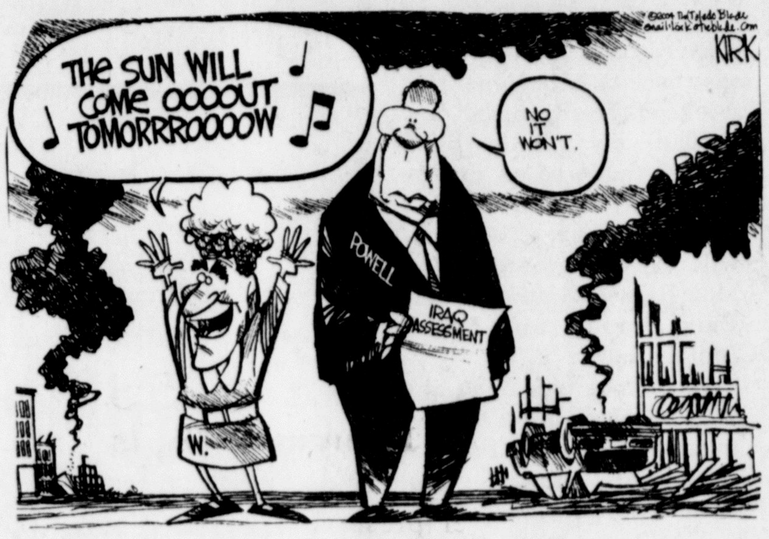
Among the agenda items:

Contracts with Speech Pathology, Inc. and Progressus Therapy, Inc.; academy agreement with Chong Partners Architecture; and various other actions.

A November 1 meeting of the **Sacramento-Yolo Port Commission** will begin at about 5 p.m. in open session at 700 H Street, Sacramento.

The commission will report on any actions just taken in closed session, including employment of an interim manager and real estate negotiations. Other open-session items include a "progress report on orientation, assessments, and plan of action."

The port commission announces that such meetings are now broadcast live on Metro Cable Channel 14 and Comcast Channel 20. A VHS tape is also available for checkout from Yolo libraries.



***

The man who can put himself in the place of other men, who can understand the workings of their minds, need never worry about what the future has in store for him.

—Owen D. Young

***

Sikh temple replaces mold-struck firehouse as polling place

The Yolo County Elections Department has announced that it has found a replacement polling place for the 15th Street Firehouse in West Sacramento. The firehouse was closed this month after inspections found mold and other problems that could prove to be unhealthful to firefighters.

Freddie Oakley, the county clerk/recorder, announced that the Sikh Temple on Evergreen Avenue was enlisted as a replacement polling place after the discovery. Affected voters have been notified by mail.

Oakley said efforts will be made to bring polling back to "the old neighborhood" as soon as possible.

NOTICE OF PETITION TO ADMINISTER ESTATE OF BETHANY ANN BUSH aka BETHANY ANNE BUSH aka BETHANY A. BUSH aka BETHANYANNE BUSH aka BETTY BUSH
CASE NUMBER PB04-252

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of BETHANY ANN BUSH aka BETHANY ANNE BUSH aka BETHANY A. BUSH aka BETHANYANNE BUSH aka BETTY BUSH:

A PETITION FOR PROBATE has been filed by Joseph C. Tauzin, Jr. in the Superior Court of California, County of Yolo.

THE PETITION FOR PROBATE requests that Joseph C. Tauzin, Jr. be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Nov. 23, 2004, at 8:30 a.m. at Dept. 11 at Yolo County Superior Court, 725 Court St., Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a "Request for Special Notice" (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A "Request for Special Notice" form is available from the court clerk.

Attorney for Petitioner:
/s/Gene E. Pendergast, Jr.
Wilke, Fleury, Hoffelt, Gould & Birney
400 Capitol Mall, 22nd Floor
Sacramento CA 95814
(916) 441-2430
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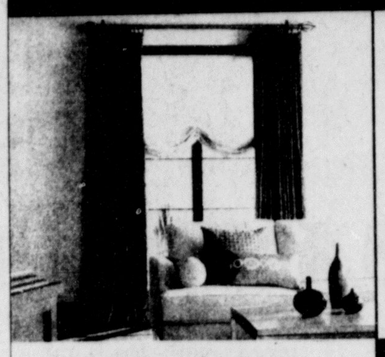

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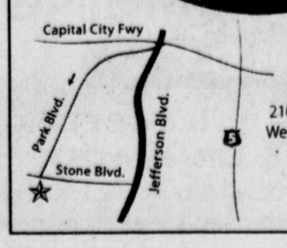

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News-Ledger Directory *of* Local Places *of* Worship

Anna Street Baptist Church
Rev. Norman Pollitt, 371-6560
1400 Anna St., W. Sac.
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Prayer Time 6:30 p.m.
http://www.forministry.com/95605ASBC

Community Lutheran Church
Rev. Marjorie C. Beach, Pastor
920 Drever St. ■ 371-8804
10 a.m. Worship/Sunday School
Friendly, family, inclusive language.
The 'come as you are' church.

Seventh Day Adventist Church
H. Eugene Miller, Pastor
334-9315
2860 Jefferson Blvd., W. Sac.
PO Box 447, W. Sac. 95691
Sat. Sabbath School 9:30 a.m.
Worship 11 a.m.
372-6570

Trinity Presbyterian Church
1500 Park Blvd., W. Sac.
Rev. Steve Whitney
(916) 371-5875
Service: Sunday at 10 a.m. including children's programs.

Holy Cross Catholic Church
1321 Anna St. (near Todhunter)
Rev. Chad Puthoff, SDS
Sat. Vigil 5 p.m. (English)
Sunday 9 (English)
Noon & 7 p.m. (Spanish)
Mon 8:30am, Tues-Wed 7am,
Thurs. 6:45 (Spanish), Fri. 8:30 a.m. Call 371-1211

First Southern Baptist Church
Rev. Gregory W. Kirk
Sun. School 9:30 a.m.
Sun. Worship 11am
Wed. 6:30pm Prayer Meeting & Bible Study
2124 Michigan Blvd.
371-2111

SouthPort Community Church
Pastor Bruce Maier
Celebration Worship
Sunday 10:30 a.m.
KidLand during service.
Youth & Small Group Ministry for All Ages.
2588 Industrial Blvd.
372-7818
www.southportcommunity.com

WestSide Covenant Church
Worship Services at
Collings Teen Center
1541 Merkley Ave.
Sundays 10 a.m. & 6 p.m.
www.westsidecov.org
371-3933

Our Lady of Grace Catholic Church
911 Park Blvd., 371-4814
Father James B. Walsh, Pastor
Masses: Sat. Vigil 5:30pm
Sunday 9 & 10:30 a.m.
Weekdays 7 a.m.
No Mass on Thursday

Center for Spiritual Awareness
1020 W. Capitol Ave., 374-9177
Sun. services 8:30, 10 & 11 am
Meditation room opens 30 minutes prior to services.
Praise & worship 15 min. prior
Junior church for all ages at 10 am & 11:45 am

Church of Jesus Christ of Latter Day Saints
2667 Linden Road
Bishop Ray Jackson,
(916) 372-1113
Sunday Meeting Times:
Sacrament Meeting, 9 a.m.
PUBLIC WELCOME!

New Discovery Christian Church
Meets at
Southport Elementary School
2747 Linden Road
at 10:30 a.m.
Pastor Jerry Green
(916) 600-3784

Police log

Oct. 21, 1:30 p.m.
An officer contacted a 22-year old man driving a stolen vehicle on Halyard Drive. The man was also found in possession of 11 individually-packaged pieces of rock cocaine, totalling 5.1 grams. The registered owner of the car was contacted by police and told them no one had permission to take it.

Oct. 22, 4:40 p.m.
A 14-year old was placed on a mental health hold at a hospital after locking himself in his bedroom and threatening suicide.

Oct. 22, 5 p.m.
A 1991 Honda Civic was reported stolen from Industrial Blvd.

Oct. 22, 8:11 p.m.
A woman was arrested for kicking another woman in the stomach after an incident on Evergreen Avenue. The victim was three months pregnant and was taken by ambulance after a possible miscarriage.

Oct. 22, 8:25 p.m.
An officer driving westbound on Sacramento Avenue saw a Toyota pickup making an illegal turn. The officer ran a check on the license plates and found they belonged to a Honda Accord that had been stolen. The pickup truck was stopped and its owner was contacted by police. The owner reported that no one had permission to take the truck, and reported it stolen. The 34-year old woman driving the pickup truck was arrested.

Oct. 23, 12:37 a.m.
A 1990 Toyota Camry was reportedly taken from the driveway of a Michigan Blvd. home.

Oct. 23, 12:55 a.m.
A man was seen throwing a lit flare into a car parked in the driveway of a Williams Street house.

Oct. 23, 8:46 a.m.
A resident of the 2000-block of West Capitol Avenue reported a bike had been stolen from a porch.

Oct. 23, 10:10 a.m.
A Todhunter Avenue woman reported that her daughter had run away. The daughter does this "every weekend."

Oct. 23, 10:30 a.m.
A Madrone Avenue house was reported burglarized. Someone entered through an unlocked window and stole electric equipment and clothing.

Oct. 23, 3:28 p.m.
An officer took a report that someone had broken into a vehicle on Evergreen Avenue and taken jewelry and the car's registration.

Oct. 23 9:16 a.m.
An officer contacted a 43-year old Sacramento man riding his bike on a sidewalk on the 2400-block of West Capitol. The man was found to be a parolee at large with an arrest warrant, and was taken in.

Oct. 24, 12:50 p.m.
A 1995 Saturn was reported stolen from G Street and later found near 3rd Street and South River Road.

Oct. 25, 3:53 p.m.
A north area woman reported that her ex-husband had violated a restraining order by contacting her. He was gone when police arrived.

Oct. 25, 7:30 p.m.
A Ballena Bay Road man said someone had taken out a credit card in his name and made purchases on it.

Oct. 25, 7:42 p.m.
A man reported to West Sacramento police that his car had been towed from private property in Sacramento, and $750 inside a wallet in the car was now gone.

Oct. 25, 8:45 p.m.
A 15th Street house was reported to be burglarized. It was ransacked and money was taken.

K. Villegas joins families commission

Katie Villegas, wife of West Sacramento Vice Mayor Oscar Villegas, recently joined the Yolo County Children and Families Commission (YCCFC) as the new District 1 appointee.

Villegas has spent time on the Salud Clinic Advisory Board, the Yolo County Health Council, and the Yolo County Children's Alliance/Child Abuse Prevention program.

"With her education and hand-on local experience, Katie possesses both the tools and the enthusiasm to benefit our commission," said Julie Gallelo, Executive Director of YCCFC. "Her goals and ours go hand in hand; to support children and families in health, education and community."

"I grew up in this area and I chose West Sacramento to raise my children," said Villegas. "It's vital to me to do everything I can to make our community responsive to the needs of all children."

CABALDON from p. 1

L.A.-style traffic congestion and air pollution and a lot of abandoned houses."

The segment of homebuyers who want – or can afford – a large home on a large lot is declining, he added. Empty-nesters "or a student coming back from four years at UCLA" might favor townhomes or other options, he said.

What's the city's biggest challenge?

Cabaldon, 38, holds a bachelor's degree in environmental economics from U.C. Berkeley and a master's degree in public policy and administration from CSU Sacramento, where he is now on the faculty. A past legislative staffer and past vice-chancellor of the state community college system, he now serves as president of a nonprofit advocacy group involved in public schools.

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■ Nutritional Counseling

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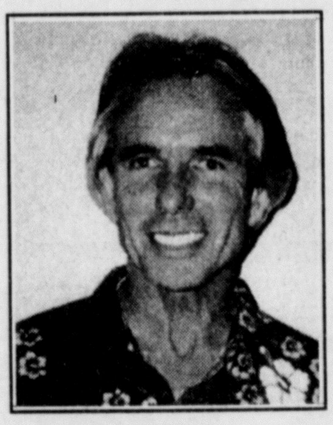

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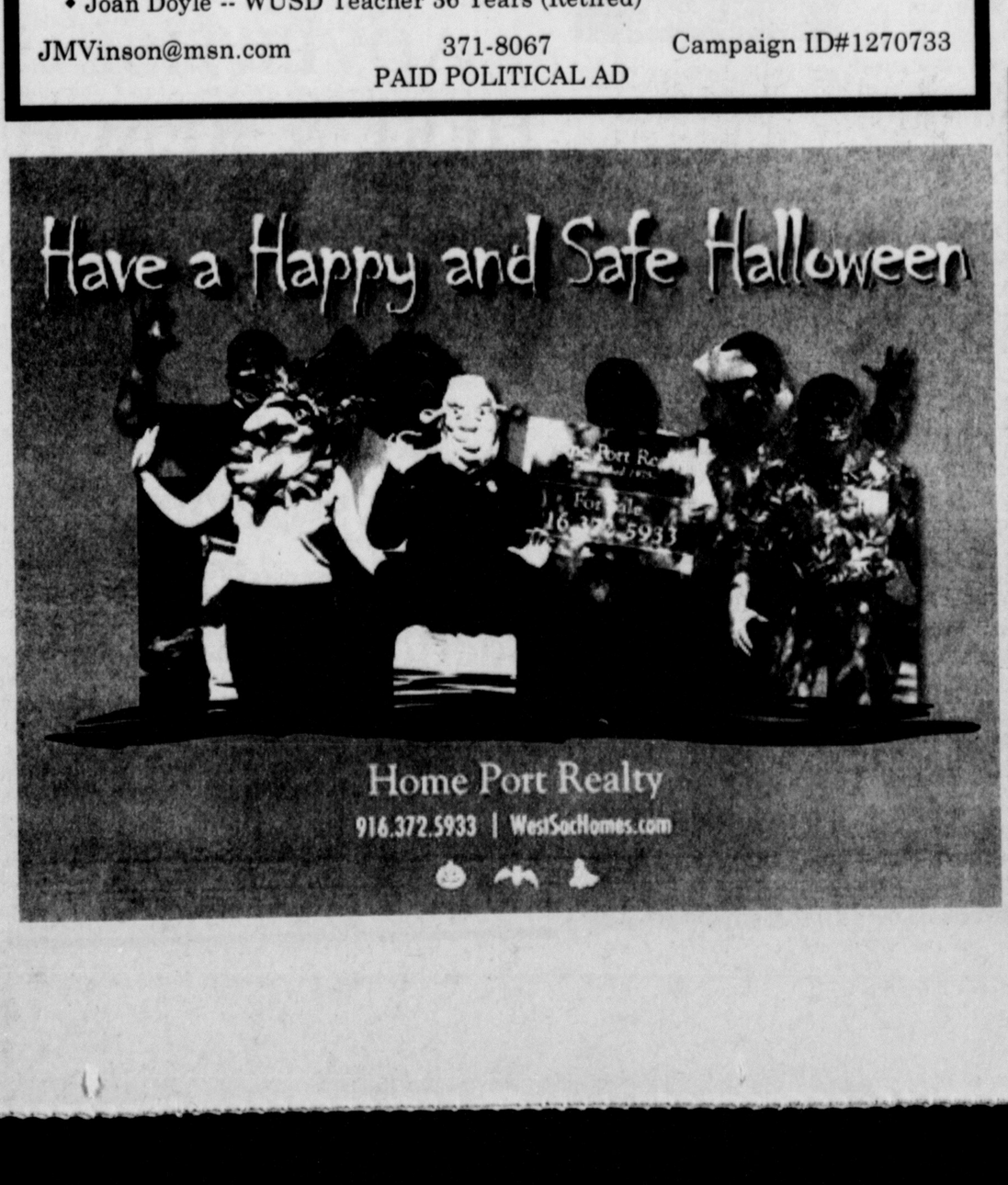

'On The House'
STORYBOOK-HOMES TEAM
Debbie Woodruff (916) 769-6421
Tom Bilotta (916) 834-6421

Buying in a Buyer's Market

Is the real estate section of your local paper filled with stories about how slow the real estate market is in your area? Is it taking months to sell the homes in your market? If this description fits your area, and you've been waiting for the perfect time to buy a house, this is the time!

This kind of market is referred to as a "buyer's market" for good reason: it is an opportunity for buyers to select from a large number of homes that could satisfy your needs. Everyone involved is ready to bend over backwards to make it possible for you to buy your dream home. Most sellers are highly motivated, and so are the local Realtors, loan officers, title companies and other professionals involved in the transaction. It's important to remember conditions could change without warning. This could be the perfect time to contact a good Realtor to discuss your needs and explore the possibilities available to you.

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Trivia test
by Fifi Rodriguez

1. LITERATURE: What is the name of the ex-con/hero in "Les Miserables"?
2. HISTORY: What nation was once ruled by leaders called Shoguns?
3. GENERAL KNOWLEDGE: What was the first name of Ethel Rosenberg's husband?
4. MUSIC: What was the name of Johnny Rotten and Sid Vicious' band?
5. GEOGRAPHY: Where is the Nubian Desert?
6. LAW: In legal terminology, what is "amicus curiae"?
7. ANIMAL KINGDOM: What's the name of a group of donkeys?
8. RELIGION: Who is Karol Wojtyla?
9. MYTHOLOGY: What kind of a creature was Pegasus?
10. LANGUAGE: What is the most frequently used letter in written English?

Answers
1. Jean Valjean
2. Japan
3. Julius
4. The Sex Pistols
5. Sudan
6. Friend of the court
7. A drove of donkeys
8. Pope John Paul II
9. A winged horse
10. "E"

Strange BUT TRUE
By Samantha Weaver

• In 1922, the Kentucky legislature passed a law stating that anyone wearing only a bathing suit on the streets of a city that had no police protection must be fined anywhere from $5 to $25. There was no explanation at hand regarding why such a law was determined to be necessary, but it was not repealed until 1974.

• It was Albert Einstein who defined common sense as "the collection of prejudices acquired by age 18."

• Ketchup was around as far back as the 1800s, but it wasn't always used as a condiment. In fact, in the 1830s it was marketed as a medicine.

• Marilyn Monroe is a hot commodity, even so many decades after her death. It's been reported that the bra she wore in the film "Some Like It Hot" was recently sold for $14,000.

• The word "geek" was originally used to refer to a carnival "wild man."

• Those who study such things have determined that if you were to start counting the stars right now, and you counted them continuously at the rate of one star per second, you wouldn't finish until around the year 5000.

• With a shock of up to 600 volts, an electric eel could knock a horse off its feet.

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K-6tfn

A TERRIFIC BUY with built-in equity. Not much left to do to make this into a gem! Features new paint, new carpet, dual pane windows, & cozy living room brick hearth & fireplace. Priced reasonably & you could move in at once. 436 Holland Dr, $272,900. Jeff Puliz, Parkside Property, 373-9600, www.jeffpuliz.com
11tfn

BEAUTIFUL 5 ACRES in Southport! 4951 Jefferson Blvd., West Sacramento CA. $595,000. Has 4,000 sq ft barn with full sprinkler system. Septic & well system will permit building of 3 bdrm home. Electric & telephone lines in place. CALL JOHN KANE TODAY! 373-5300. Kane Realty: Your Southport Specialist.
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A GREAT DEAL: 3138 Allan Avenue, $384,800.. Newer home on big lot in well-established neighborhood. 4 bdrms, 2 1/2 baths. Call JOHN KANE, Kane Realty/Parkside Property, 373-5300.
JK5tfn

LIVE ALMOST RENT-FREE! Perfect for investors or home buyers. Let the rent offset your mortgage. Features all-new paint, carpets, kitchen & baths. Dual-pane windows & 1-car garage for each unit. GREAT state-streets location! For info & pics, go to www.jeffpuliz.com. 1807/11 Alabama Ave., $334,900. Jeff Puliz, Parkside Property, (916) 373-9600.
jk8tfn

HOME CLOSE TO NUGGET MARKET: 1634 Sausalito Rd., West Sacramento CA. $368,800. This is a big home, 4 bdrms, 2 full baths, lvg rm, vaulted ceilings, landscaped yard front & back, great home, great location. Move right in. Call John Kane, Kane Realty, 373=5300. Southport's top real estate broker.
SOLD!
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Deluxe 2 Bdrm duplex/condo for rent, from $750. Call cell phone (916) 849-8028. CH/A, new appliances.
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HOMES FOR RENT

Maryland Avenue: Cute home on beautiful lot. 2 bdrm, 1 bath, garage. Landscaping included. Available December. Pets negotiable. (916) 374-8804, $1,050 + depo.
14

LET US be your source for West Sacramento rentals! S&S Property Management, owner Bill Shower. Call 371-1870 or email rentals@ssproperty.com for information on what could be your next home!

LOST & FOUND PETS

FOUND: cat, Sept. 27, near Kragen's Auto. Call to describe. 372-0264.
11

FOUND: two small dogs, black & tan, near port on 10/13. Call 371-0553 & describe.
12

APARTMENTS

Very nice large apt. over carport. Utilities & DISH TV included. Washer/dryer included. $800/mo. 371-9000.
H13

LOST & FOUND PETS

FOUND DOG: Shephard mix, near Jefferson & Stone. Late October. Call 607-4852.
13

HELP WANTED

Student Intern - Planning, City of W. Sacto. $9-11/hr. Jr-Grad in land use plng or related. For complete info, send SASE, indicating position to HR, 1110 W. Capitol Ave., W. Sacto, CA 95691 or visit www.ci.west-sacramento.ca.us. Continuous until filled.
11

Driver - Company & O/O. Regional runs now available! Fantastic home time, excellent benefits. Call today for details! Class A CDL w/1 year OTR exp. Roads West: 1-800-284-8246.
11

Florist delivery driver wanted. $7.25/hr to start. Apply with clean DMV printout to 1520 Merkley Ave., West Sacramento.
12

MISC. FOR SALE

SEASONED FIREWOOD, you pick up, Saturdays 8am-12pm. Walnut $100; oak $150. Call Leon, 761-6737.
11

GARAGE & YARD SALES

Cement pillars, chimney flues, fire bricks, bicycles, scooters, treadmill, cyclone gates, B&W TVs, color TV, cabinets, farm plow, telephone poles, glass panes, windows. Call 371-8797 for info.
11

HOUSES WANTED

I can buy your house in 10 days for cash! Call Jim, (530) 902-7228.
04-#20

CHILD CARE

FREE CHILD CARE REFERRALS: Child Care Services offers free child care referrals to licensed family child care homes and child care centers. For referrals and other information, call (530) 757-5695 or (800) 723-3001.
2004-30

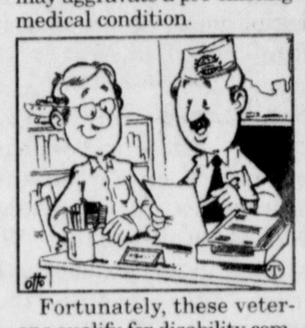
For a list of HOMES and LAND for sale, call JOHN KANE, Brk. KANE REALTY 373-5300

PLUMBING

Plumbing service & repair. Drain work. Realistic prices, senior discounts. Call Gary at Town Craft Plumbing, 372-0871.
50tfn

Serving Those Who Served

(NAPS)—Americans can always be counted on to defend their nation in time of war. Some of these men and women become disabled, as we know, but so do many of those who serve in peacetime. They may be hurt during training or in their off-duty time. Others become ill, or may aggravate a pre-existing medical condition.



Fortunately, these veterans qualify for disability compensation from the U.S. Department of Veteran Affairs. If granted, they will receive free health care for at least their disabilities. Compensation levels range up to 100 percent and can amount to as much as $2,000 a month tax-free.

Veterans can contact VA at (800) 827-1000 for the necessary forms and file a claim for these benefits on their own. Easier, though, is to contact a federally chartered veterans service organization, such as AMVETS, and let one of its trained and accredited professionals handle the case, for which there is no charge.

State-Wide Classified Advertising

"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

ADOPTIONS

PREGNANT? CONSIDERING ADOPTION? We can help! We specialize in matching families with birthmothers nationwide. Toll free 24 hours a day 866-921-0565. One True Gift Adoptions. (Cal-SCAN)

AUTOMOBILES

CAR DONATIONS - CHOOSE your charity: Children's Cancer, Boy/Girl Scouts, Big Brothers, SPCA, YMCA, AIDS, Housing Homeless, and many more. *Free Pickup* Tax Deductible 1-888-395-3955. (Cal-SCAN)

CHARITY CARS - DONATE your vehicle, Tax deductible, free tow. Nationally acclaimed, we provide vehicles to struggling families. 1-800-442-4451, www.charitycars.org (Cal-SCAN)

DONATE YOUR CAR, Real Estate Today - Help eliminate poverty housing and homelessness, Free towing, Tax Deductible. Life Council Inc. www.lifecouncil.org 1-877-734-LIFE or 1-877-734-5433. (Cal-SCAN)

BUSINESS OPPORTUNITY

#1 CASH COW!!. 90 Vending Machines in 30 locations - $9,995. Call now! 1-800-836-3464. (Cal-SCAN)

ALL CASH CANDY Route. Do you earn $800 in a day? Your own local candy route. Includes 30 machines and candy. All for $9,995. MultiVend, LLC 880 Grand Blvd., Deer Park, NY 11729. 1-800-814-6047. (Cal-SCAN)

AMERICA'S HOTTEST OPPORTUNITY - Dollar Stores. Own your Own Store. Turnkey from $45,900. www.DollarServices4.com 1-800-829-2915. (Cal-SCAN)

ARE YOU MAKING $1,710 per week? All cash vending routes with prime locations available now! Under $9,000 investment required. Call Toll Free (24-7) 800-276-5584. (Cal-SCAN)

BUSINESS SERVICES

ADVERTISING IN NEWSPAPERS works! Classified & Display in multiple community newspapers Statewide! Reach millions of Californians. Call this local participating newspaper for more information. www.cal-scan.com (Cal-SCAN)

FINANCIAL SERVICES

CASH FOR STRUCTURED Settlement / Annuity payments. It's your money! Get cash now when you need it most! Oldest/best in the business. Settlement Purchasers. 1-877-MONEY-ME. (Cal-SCAN)

TOO MUCH DEBT? Don't choose the wrong way out. Our services have helped millions. Stick to a plan, get out of debt & save thousands. Free consultation. 1-866-410-6791. Freedompoint. (Cal-SCAN)

HELP WANTED

ELECTRICIAN APPRENTICES. Hands-on exp as an electrician in appliances, power generation, & lighting. No exp. nec. Must be 17-34 w/H.S. diploma. Call 1-800-345-6289. (Cal-SCAN)

JOIN OUR TEAM and make a difference. In the California Army National Guard you can get money for college and career training. Call 1-800-GO-GUARD. (Cal-SCAN)

HELP WANTED/ DRIVERS

DRIVER - COVENANT TRANSPORT. Teams and Solos check out our new pay plan. Owner Operators, Experienced Drivers, Solos, Teams and Graduate Students. Call 1-888-MORE PAY (1-888-667-3729) Equal Opportunity Employer (Cal-SCAN)

DRIVER - DRIVE REGIONAL! Over-the-Road - lots of miles. Great company & benefits. www.primeinc.com 1-800-771-6318. (Cal-SCAN)

DRIVER: TUITION PAID training! CDL-A in 2 1/2 weeks! Tuition reimbursement for recent graduates! Miles, Money, Home Time! Must be 21. Drive CRST Van Expedited. 800-781-2778. (Cal-SCAN)

HELP WANTED/ SALES

A COOL TRAVEL Job. Now hiring 18-24 positions. Guys/Gals to work and travel entire USA. Paid training, transportation, lodging furnished. Call today, Start today. 1-800-709-9885. (Cal-SCAN)

COOL TRAVEL JOB!!! One month paid training! $500 Sign-On Bonus! Must be free to Travel & Start Today! Must be at least 18. 1-800-735-7462. (Cal-SCAN)

SALES. $5,500 Weekly Goal Potential. If someone did it, so can you! 2-3 confirmed appointments daily! Benefits Available. Call Catherine McFarland 1-888-543-1788. (Cal-SCAN)

LAND FOR SALE

NEW MEXICO LAND Liquidation. 40 AC - $24,900. Absolute steal! Private getaway adjacent to Nat'l Forest. Survey, warranty, deed, electric, maintained roads. Few parcels remain, secure today! Must see! Excellent financing. Call 1-888-292-9711. www.nmranches.com (Cal-SCAN)

SO. COLORADO RANCH Sale 60 acres $29,900. Enjoy rural living at its best! Access to 6000 ac of BLM recreation land. Year round access, elec/ tel included. Spectacular Rocky Mt. views & stunning sunsets! Excellent financing, low down payment. Call today! 1-866-696-5263. (Cal-SCAN)

NEW MEXICO - OWNER Must Sell! 20 Ac - $17,900. Save w/ our lowest prices ever! Perfect getaway, stunning views. Year round roads w/electric. Must see to appreciate. Don't miss out! Excellent financing. Call 1-888-917-2624. www.pinonsprings.com (Cal-SCAN)

SO. COLORADO RANCH Sale 60 acres $29,900. Outstanding Rocky Mt. views, access to 6000 ac of BLM recreation land. Getaway for a weekend or a lifetime! Elec/Tel included. Year round access, excellent financing, low down payment. Call toll-free today! 1-866-696-5263. (Cal-SCAN)

LAND/ ACREAGE

20 ACRE RANCHES. Repossessions. Near booming El Paso, Texas. $9,995. $95 down/ $99 monthly. (10%/216 months) Roads surveyed. Free maps/ pictures. Great location. Excellent Timing. Sunset Ranches. 1-800-343-9444. (Cal-SCAN)

MANUFACTURED HOUSING

A BRAND NEW 2005 Manufactured Home, $21,900. More factory direct specials online at www.azchampion.com or call 1-800-965-1603. (Cal-SCAN)

MEDICAL SUPPLIES

ABSOLUTELY NO COST to you!! Brand New Power Wheelchairs and Scooters. Call toll free 1-800-843-9199 24 hours a day to see if you qualify. (Cal-SCAN)

NEW ELECTRIC WHEELCHAIRS & Diabetic Supplies. At no cost if eligible. Scooter type w/basket or fold-up. Medicare or Private Insurance accepted. TLC Medical Supplies, Inc. 1-888-601-0641. (Cal-SCAN)

MISCELLANEOUS FOR SALE

ANNOUNCEMENT: NOW HIRING for 2004 Postal Jobs. $17.50-$59.00/hr. Paid Training. Full Benefits. No Experience Necessary. Green Card OK. For listings call 1-866-895-3696 Ext. 4000. (Cal-SCAN)

FREE 4-ROOM DIRECTV System includes installation. 4 mo. free programming w/NFL Sunday Ticket subscription. Over 205 channels! Limited time offer. S&H, restrictions apply. 1-800-360-4039. (Cal-SCAN)

NOW HIRING For 2004 Postal Jobs. $16.90-$59.00/hr. Paid Training. Full Benefits. No Experience Necessary. Green Card OK. For listings call 1-866-399-5718 ext 3000. (Cal-SCAN)

POSTAL POSITIONS! NOW Hiring for 2004 - $17.50 - $59.00+/ hour. Federal hire w/ full benefits, paid training and vacations. No experience necessary. For listings call 1-866-317-0558 ext.131. (Cal-SCAN)

REAL ESTATE/ ACREAGE

ARIZONA BEST BARGAIN, 36 acres - $39,900. Beautiful ranch in Williams/Flagstaff area, perfect 6,100' climate. Spectacular mountain views. Affordable financing. AZLR 1-877-282-5263. (Cal-SCAN)

ADVERTISE HERE & REACH MILLIONS!

Or advertise in the News-Ledger's local classified ad section for only $12 per month (up to 25 words). Call 371-8030.

OPINION

Letters to the Editor

(EDITOR'S NOTE: A layout error in last week's edition left the bottom half of the following letter missing after a page break. The letter appears again below, abridged. Apologies to author Tom Martin.)

From mayor candidate Tom Martin

The major Sacramento newspaper did two stories on me and why I am running for mayor of West Sacramento. In neither article did the Sacramento Bee print any of my concerns. It wrote about my job as a parking enforcement officer with the City of Sacramento, and how I dressed, and my facial hair. Yes, I am a parking enforcement officer, and I wear blue jeans and have a beard. Can I lead the City of West Sacramento? Absolutely. Can I put on a nice pair of slacks and a polo shirt? Sure I can. And why do I have a beard? Well, here's why I have a beard for those of you that don't know me. Twenty-six years ago I was out of work not knowing how I was going to buy my kids a gift for Christmas. My wife came up with the idea of me being a rent-a-Santa or maybe a mall Santa. Being fat and having a beard, I thought why not. So except for the last two years I have given up all Christmas eves and some Christmas days with my family to bring joy to others. I've played Santa for a lot of families from West Sacramento to Lake Tahoe. I've donated my time playing Santa Claus for the City of West Sacramento, for homeless shelters, for old folks homes, and the best of all was when I went to Mercy Hospital to surprise a sick cousin and I was asked to go through the hospital. I got to hold a two-day old in the ICU. I was able to bring happiness to the families of that child and all the way up to the family of a 98-year old, and by the way, I found later that neither lived past that day. So that's why I have a beard.

Now can I lead the City of West Sacramento? You bet I can, and I believe more effectively than is currently being done. I want to put our community first, and politics second.

This is how I am going to do it. I think the mayor of a city like West Sacramento needs to be a friend to the people that live here. This is what friend stands for:

F: Facilities -- this means building the parks, swimming pools, recreation centers, and athletic fields that our community needs. We have seen master plans, but very little has been built.

R: Roads -- the city needs to make roads a priority. All over this city roads have crumbling pavement, or poor patch jobs where construction has torn them up.

I: Infrastructure -- the people approved bonds to upgrade our sewer and water systems. A lot of that work has been done, but there is more to do. And now people with wells are running out of water. We have to fix these kinds of problems, not debate who is to blame.

E: Emergency Services -- we need to fully staff our fire department and police department now. I think it is sad that some of our firefighters feel the city should join Sacramento for fire protection. We need four people in each fire station, on every shift and we should not rely on mutual-aid for basic service.

N: Neighborhoods -- West Sacramento is made up of lots of close-knit neighborhoods. We need to capitalize on that. We need to vote for our city council by districts. This will give back that local control that people voted for when we became a city.

D: Dialogue -- the people need to be able to have a conversation with the people they elect to represent them. Conversations involve two or more people. The mayor should be connected with the people; they are the community.

West Sacramento, you have a chance to make changes. Vote on November 2nd. If you want someone who believes in this city and has the guts to stand up for it then vote for me, Tom Martin.

TOM MARTIN
West Sacramento

Vote for Westin

Please vote for Dave Westin for WUSD Board of Education. I am unable to put the necessary time and energy into my school board campaign due to family and prior community service commitments. I am therefore asking that you vote for Dave Westin for WUSD Board of Education on November 2. As a fellow parent with a school-aged child, Dave and I have had numerous opportunities to share our views regarding the reforms needed to turn the school district around while campaigning together, and meeting fellow parents and concerned citizens at WUSD back to school nights. Dave shares my passion and values to improve the quality of education for all the children in the district. Thank you for your support.

SALLY HASSON
West Sacramento

Jet traffic over West Sac

Have you lately noticed many more commercial jets flying low over your neighborhood heading for Sacramento International Airport, especially at night? Normally, jets use a southerly approach (over West Sac) only when landing into a prevailing wind from the north. However, a few months ago the airport changed its evening and nighttime landing patterns to always approach from the south (over West Sac). This switch was due to complaints about noise from Natomas residents in the new housing areas near the airport. As it stands now, this only involves evening and night flights as well as the normal flights when the north wind is strong.

Traffic control at Sacramento International says the jets should be following the approach pattern that keeps them over the causeway. They request that West Sac residents call and let them know when commercial jets are off-track and flying low over our neighborhoods and town.

Glenn Rickleton from airport control is tracking and contacting low, off-track flights. If you hear loud jet traffic over your home, you can leave a message with the time of the incidents and your location at 874-0482 and he will research them.

Let's join together and be vocal advocates for West Sacramento. We should take only our fair share of jet traffic and it should stay on course over the western edge of our city.

JOHN DISNEY
West Sacramento

Thanks, Bill

In response to an article, which included an interview with City Councilman Bill Kristoff, regarding water problems in West Sacramento in the *News-Ledger*, I wrote a letter and challenged Councilman Kristoff to take a short walk in my "brown, ugly, weed-infested piece of dry, cracked earth that used to be a mowed green field of Bermuda grass" at Davis and Partridge. He did!

During his surprise visit, Councilman Kristoff and I discussed problems and concerns we, and our friends and neighbors, were having with their wells. Further, we are anticipating more problems when the low water table is pumped lower by the Lower Northwest Interceptor project, when they pump to a depth of possibly 55 feet. Since they pumped to a depth of 24 feet so far, and we are already having issues, we are all very concerned what will happen when they pump an additional 30 feet or more.

Councilman Kristoff expressed concern and promised to have someone from the Lower Northwest Interceptor contact us. It took several weeks for the call to come, but if finally did. In the end, Councilman Kristoff had made two personal visits to our home and called three times to assure us that someone from the Lower Northwest Interceptor had, indeed, followed up on his request to call.

When they did call, the representative had a lengthy conversation with my husband. She agreed there could be a potential problem and felt a community meeting was in order. She said she would arrange the meeting and announce the time and place in the *News-Ledger*.

If you have an older well with an above-ground pump (whether or not you have experienced any problems yet), we suggest you stay alert, watch the News-Ledger, and attend the meeting. You need to stay up-to-date, and we need your input.

In the meantime, if you have questions or concerns, you can call me at 371-7376.

Although the issue is far from over and this is an election year, I do feel that City Councilman Bill Kristoff has truly provided this citizen with excellent service. Thank you, Bill.

JOYCE COLLINS
West Sacramento

From Councilman Montemayor

I am writing this note to the voting public to address the question regarding the potential West Sacramento High School and the Port.

Until August, I was of the position that the Port site should be studied for a potential location for the central West Sacramento High School. At the time, I believed it to be the best location for traffic flow, walk ability to adjacent neighborhoods, and more appropriate for its surroundings. As the same time, I also believed it to be an opportunity for the Port to earn much needed dollars, not for operations, but for critical infrastructure improvement that would attract and solidify business at the Port. That is why I inserted this stand when I submitted my ballot statement in July 2004.

In August, there were cases made of alternative ways of the Port doing business and more facts from the Port study coming available about potential impacts that a high school would have at the Port and its surrounding neighborhoods throughout the city. In addition, it became extremely apparent with the traffic flows of all of Southport that a large centralized high school is not the best thing for our city at all. In other words, a large centralized high school may not be the best thing for our city even if it is located at the Port. Therefore, in order to keep the Port open, it is important that the Port make the most profitable use of the inventory of vacant land, and the high school is not the most profitable use.

It was too late to change or amend my ballot statement when I came to this conclusion. This is a burden I must bear and take full responsi-

Please see LETTERS, p. 10

Fictitious Business Name Statement
Filed Oct 12, 2004
File No. 2004-1010

The following person is doing business as Impressionable Inklings, 2475 Pheasant Hollow Dr., West Sacramento CA 95691:

Carol Michon Witters and James L. Witters, same address.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/12/04.

/s/James L. Witters

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Oct 12, 2004
by: /s/Carol Grein, Deputy Clerk

Oct 20 27 Nov 3 10

Fictitious Business Name Statement
Filed Oct 14, 2004
File No. 2004-1027

The following person is doing business as Cents-Able Designs, 1023 Canna Way, West Sacramento CA 95691:

E. Jane Lowas, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/14/04.

/s/E. Jane Lowas

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Oct 14, 2004
by: /s/Valerie Clinton, Deputy Clerk

Oct 20 27 Nov 3 10

Fictitious Business Name Statement
Filed Sep 2, 2004
File No. 2004-876

The following person is doing business as Dunnigan Water Works, 5160 C.R. 99W, Dunnigan CA 95937:

Grant Park Development, Inc., a Calif. Corp., PO Box 61, Paso Robles CA 93447.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/24/02.

/s/Jerry Burger, VP
Grant Park Development Inc.

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 2, 2004
by: /s/Ava Woodard, Deputy Clerk

Oct 6 13 20 27

Fictitious Business Name Statement
Filed Sep 2, 2004
File No. 2004-871

The following person is doing business as Grant Park Home Sales, 5130 C.R. 99W, Dunnigan CA 95937:

Grant Park Development Inc., a Calif. Corp., PO Box 61, Paso Robles CA 93447.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 12/21/99.

/s/Jerry Burger, VP
Grant Park Development Inc

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 2, 2004
by: /s/Ava Woodard, Deputy Clerk

Oct 6 13 20 27

Fictitious Business Name Statement
Filed Sep 21, 2004
File No. 2004-955

The following person is doing business as Classic Craft, Wooden Ship Boatworks, Complete Boat Repair, Keaton Boats, 8509 Folsom Blvd., Sacramento CA 95826:

Gary L. Minnis, 1807 Trinity Way, W Sac., CA 95691.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 1980. Previous fictitious business name number 99-625.

/s/Gary L. Minnis

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sep 21, 2004
by: /s/Elizabeth Montoya, Deputy Clerk

Oct 6 13 20 27

Fictitious Business Name Statement
Filed Sep 15, 2004
File No. 2004-929

The following person is doing business as Luxury Nails, 2050 Town Center Plaza #B140, West Sacto CA 95691:

Vu Thanh Nguyen, 1673 Galliner Ct., Folsom CA 95630.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/15/04.

/s/Vu Thanh Nguyen

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Sept. 15, 2004
by: /s/Carol Grein, Deputy Clerk

Oct 13 20 27 Nov 3

Fictitious Business Name Statement
Filed Sep 28, 2004
File No. 2004-979

The following person is doing business as Bridgeview Market, 330 3rd St., West Sacramento CA 95605:

Clemente Melchor and Ana Maria Melchor, 5870 Nina Way, Sacramento CA 95824.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/28/04

/s/Clemente Melchor
/s/Ana Maria Melchor

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Oct 15, 2004
by: /s/Valerie Clinton, Deputy Clerk

Oct 20 27 Nov 3 10

Fictitious Business Name Statement
Filed Oct 15, 2004
File No. 2004-1028

The following person is doing business as Heritage Oaks Apartments; Heritage Oaks, 186 Muir Street, Woodland CA 95695:

Heritage Oaks, L.P. (Calif.), 23622 Calabasas Road, Suite 200, Calabasas CA 91302-1549.

This business is conducted by a Limited Partnership.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/12/04.

/s/Cristina Agra-Hughes, Vice President

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: Oct 15, 2004
by: /s/Ava Woodard, Deputy Clerk

Oct 27 Nov 3 10 17

PUBLIC HEARING NOTICE

The West Sacramento City Council will conduct a public hearing on November 10, 2004 at 7:30 PM or as soon thereafter as possible on the following. The hearing will be held in the council chambers at the Civic Center, 1110 West Capitol Ave., West Sacramento. Interested persons are invited to attend. In compliance with the ADA, if you need assistance to participate in this meeting, you should contact the City Clerk at 617-4500. Notification 72 hours prior to the meeting will enable the City to make reasonable arrangements to assure accessibility to this meeting. City hall is handicapped accessible.

1. Ordinance 04-17 amending the Municipal Code concerning subdivisions to make the City Council the approving body for vesting tentative subdivision maps.

Oct 27

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 8696 Loan No. 21181100597495 Title Order No. 237605 You Are in Default under a Deed of Trust, Dated 05/13/02. Unless You Take Action to Protect Your Property, it May Be Sold at a Public Sale. If You Need an Explanation of the Nature of the Proceedings Against You, You Should Contact a Lawyer. On November 16, 2004, at 12:45 PM, **MTDS, INC.**, a California Corporation DBA Meridian Trust Deed Service as the duly appointed Trustee under and pursuant to Deed of Trust recorded 05/17/02, Book , Page , Instrument 2002-0020899-00 of Official Records in the Office of the Recorder of YOLO County, California, executed by: Mohammad Ahsan and Charlene Ahsan, Husband and Wife as Joint Tenants, as Trustor, Beneficial California Inc., as Beneficiary, will sell at Public Auction to the Highest Bidder for cash, cashier=s check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, estimated fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Place of Sale: AT THE NORTH ENTRANCE TO THE CITY HALL LOCATED AT 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CA. Legal Description: As more fully described on the above mentioned Deed of Trust. Amount of unpaid balance and other charges: $158,174.92 (estimated). Street address and other common designation of the real property purported as: 925 ANNA ST, WEST SACRAMENTO, CA 95605. APN Number: 014-332-07-1 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is". Date: 10/22/04 **MTDS, Inc.**, a California Corporation DBA Meridian Trust Deed Service, As Trustee, 4665 MacArthur Court, Suite 1520, Newport Beach, CA 92660, Sales line: (916) 974-6099 or (949) 477-5830 By: TAMMY RIVERA, FORECLOSURE OFFICER, MTDS, Inc., a California Corporation DBA Meridian Trust Deed Service is a Debt Collector Attempting to Collect a Debt. Any Information obtained will be used for that purpose. NPP0114452 PUB: 10/27/04, 11/03/04, 11/10/04

***

For the man sound in body and serene in mind, there is no such thing as bad weather; every sky has its beauty, and storms which whip the blood do but make it pulse more vigorously.
—George Gissing

***

For purposes of action, nothing is more useful than narrowness of thought combined with energy of will.
—Henri Frederic Amiel

***

A solid rock is not shaken by a strong gale, so wise persons remain unaffected by praise or censure.
—Buddha

***

It may serve as a comfort to us, in all our calamities and afflictions, that he that loses anything and gets wisdom by it is a gainer by the loss.
—Roger L'Estrange

***

The wise man must remember that while he is a descendant of the past, he is a parent of the future.
—Herbert Spencer

***

PUZZLES & COMICS

Amber Waves

by Dave Phipps

OH, SURE, ALL OF THESE PRETTY "FALL LEAVES."
BUT I GET STUCK RAKING THEM UP!
WELL, GOODBYE LEAVES FOR ANOTHER WHOLE YEAR!
NATURE REALLY HAS A CRUEL SENSE OF HUMOR.
11/19/01
Phipps

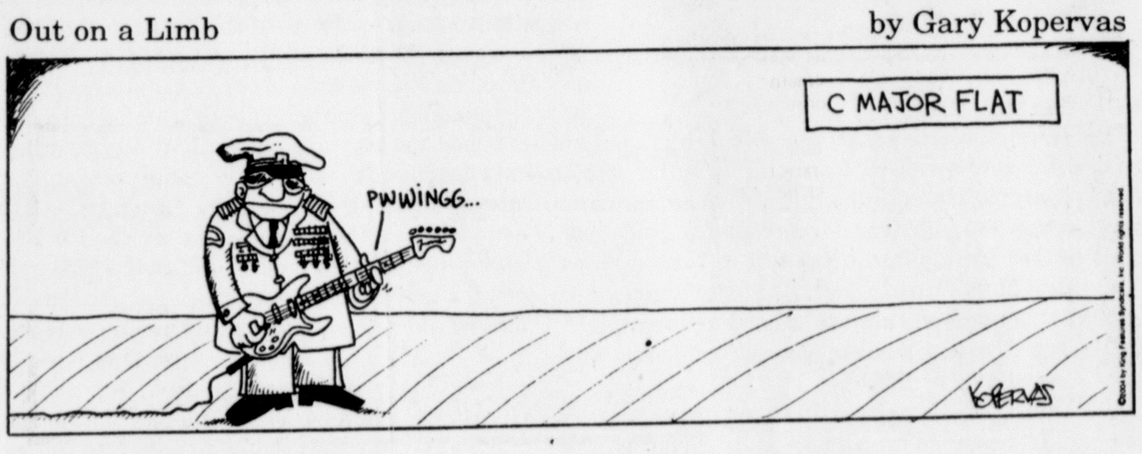
R.F.D.

by Mike Marland

IN THIS FAMILY, JUNE, WE LIVE BY AN OLD SAYIN: "USE IT UP, WEAR IT OUT, MAKE IT DO OR DO WITHOUT!"
IN THAT CASE I PICK "DO WITHOUT!"
UM, WHAT EXACTLY ARE YOU S'POSED TO BE, LITTLE GIRL?!
THE KID WHO REFUSED TO WEAR ONE OF HER PARENTS' OL' MOTH-EATEN HALLOWEEN COSTUMES!
TRICK OR
MARLAND

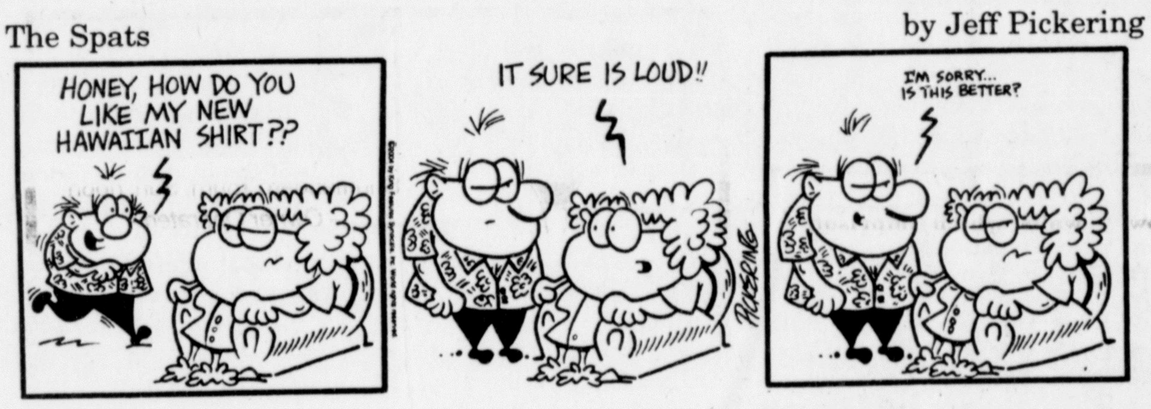
Out on a Limb

by Gary Kopervas



The Spats

by Jeff Pickering



POPEYE
HEY OLIVE OYL
WOT HAPPENED TA TH' FENDER?
NOW DON'T GIT ALL IN A DITHER!
... I HAD A LITTLE ACCIDENT
I WUZ MAKIN' A TURN A LITTLE WIDE AN' I HIT A PARKED CAR!
DIDJA GIT HURT?
NO... BUT IT SHOOK ME UP SOME!
THE DENT LOOKED SMALLER'N THIS ONE TA ME!
DIDJA DO A LOTTA DAMAGE?
DIDJA REPORT TH' ACCIDENT TA TH' POLICE?
DIDN'T HAVE TA...
...THEY WUZ SITTIN' IN THE CAR!
www.kingfeatures.com

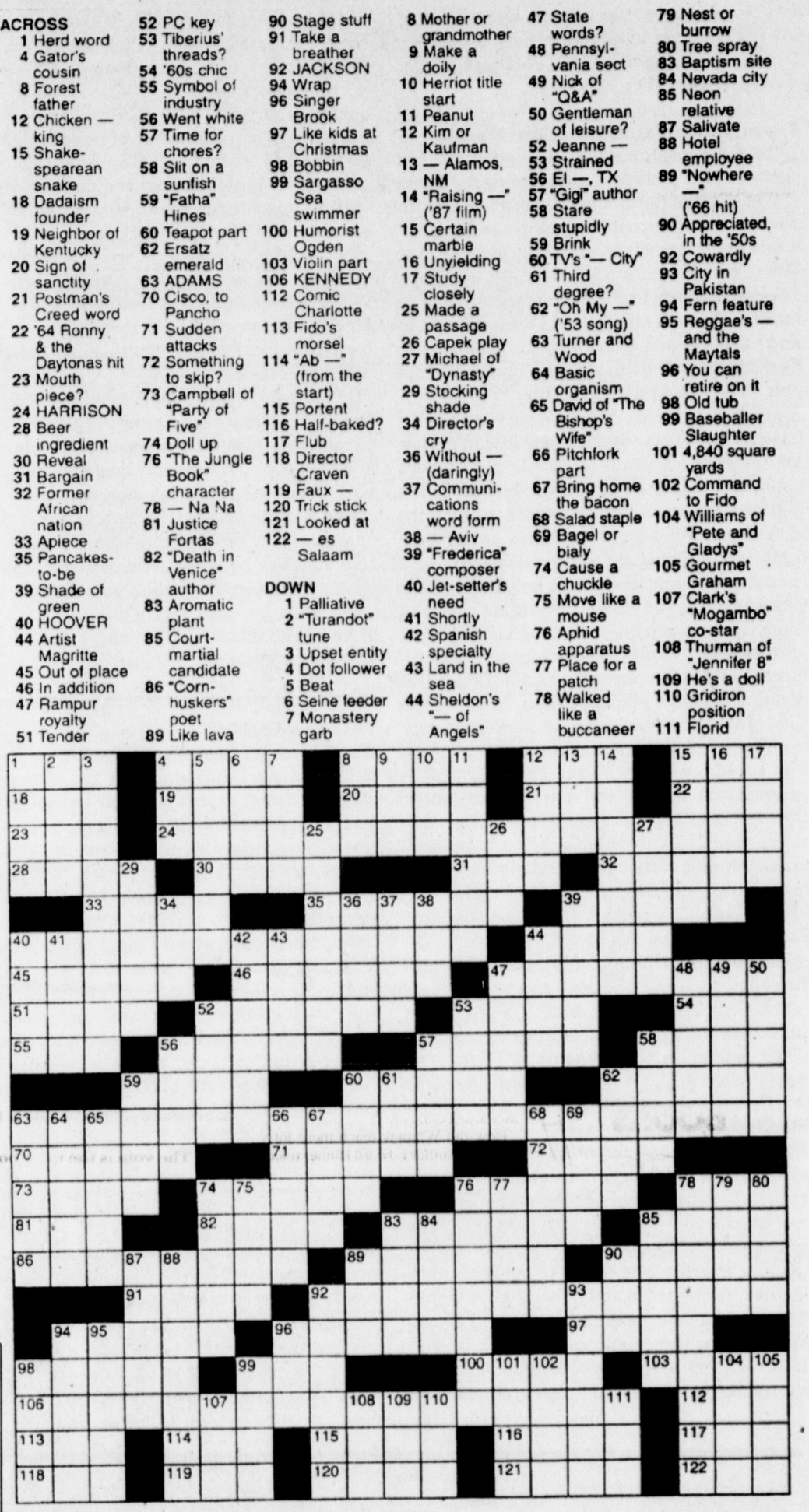
FLASH GORDON
DALE ARDEN
BY JIM KEEFE
HAVING LISTENED TO LISA'S PLAN, FLASH TAKES OFF INTO THE COMING DAWN.
WITH FLASH'S WARNINGS OF THE COMING INVASION HAVING BEEN MET WITH DISBELIEF...
...THE COURSE OF ACTION IS SIMPLE.
USING THE ROCKETCYCLE'S HOLOGRAM DEVICE...
...MAKE THEM BELIEVE!
NEXT: BOSTON UNCOMMON!

Super Crossword

PRESIDENTIAL PRETENDERS

ACROSS
1 Herd word
4 Gator's cousin
8 Forest father
12 Chicken — king
15 Shake-spearean snake
18 Dadaism founder
19 Neighbor of Kentucky
20 Sign of sanctity
21 Postman's Creed word
22 '64 Ronny & the Daytonas hit
23 Mouth piece?
24 HARRISON
28 Beer ingredient
30 Reveal
31 Bargain
32 Former African nation
33 Apiece
35 Pancakes-to-be
39 Shade of green
40 HOOVER
44 Artist Magritte
45 Out of place
46 In addition
47 Rampur royalty
51 Tender
52 PC key
53 Tiberius' threads?
54 '60s chic
55 Symbol of industry
56 Went white
57 Time for chores?
58 Slit on a sunfish
59 "Fatha" Hines
60 Teapot part
62 Ersatz emerald
63 ADAMS
70 Cisco, to Pancho
71 Sudden attacks
72 Something to skip?
73 Campbell of "Party of Five"
74 Doll up
76 "The Jungle Book" character
78 — Na Na
81 Justice Fortas
82 "Death in Venice" author
83 Aromatic plant
85 Court-martial candidate
86 "Corn-huskers" poet
89 Like lava
90 Stage stuff
91 Take a breather
92 JACKSON
94 Wrap
96 Singer Brook
97 Like kids at Christmas
98 Bobbin
99 Sargasso Sea swimmer
100 Humorist Ogden
103 Violin part
106 KENNEDY
112 Comic Charlotte
113 Fido's morsel
114 "Ab —" (from the start)
115 Portent
116 Half-baked?
117 Flub
118 Director Craven
119 Faux —
120 Trick stick
121 Looked at
122 — es Salaam

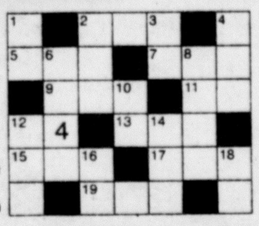
DOWN
1 Palliative
2 "Turandot" tune
3 Upset entity
4 Dot follower
5 Beat
6 Seine feeder
7 Monastery garb
8 Mother or grandmother
9 Make a doily
10 Herriot title start
11 Peanut
12 Kim or Kaufman
13 — Alamos, NM
14 "Raising —" ('87 film)
15 Certain marble
16 Unyielding
17 Study closely
25 Made a passage
26 Capek play
27 Michael of "Dynasty"
29 Stocking shade
34 Director's cry
36 Without — (daringly)
37 Communi-cations word form
38 — Aviv
39 "Frederica" composer
40 Jet-setter's need
41 Shortly
42 Spanish specialty
43 Land in the sea
44 Sheldon's "— of Angels"
47 State words?
48 Pennsyl-vania sect
49 Nick of "Q&A"
50 Gentleman of leisure?
52 Jeanne —
53 Strained
56 El —, TX
57 "Gigi" author
58 Stare stupidly
59 Brink
60 TV's "— City"
61 Third degree?
62 "Oh My —" ('53 song)
63 Turner and Wood
64 Basic organism
65 David of "The Bishop's Wife"
66 Pitchfork part
67 Bring home the bacon
68 Salad staple
69 Bagel or bialy
74 Cause a chuckle
75 Move like a mouse
76 Aphid apparatus
77 Place for a patch
78 Walked like a buccaneer
79 Nest or burrow
80 Tree spray
83 Baptism site
84 Nevada city
85 Neon relative
87 Salivate
88 Hotel employee
89 "Nowhere —" ('66 hit)
90 Appreciated, in the '50s
92 Cowardly
93 City in Pakistan
94 Fern feature
95 Reggae's — and the Maytals
96 You can retire on it
98 Old tub
99 Baseballer Slaughter
101 4,840 square yards
102 Command to Fido
104 Williams of "Pete and Gladys"
105 Gourmet Graham
107 Clark's "Mogambo" co-star
108 Thurman of "Jennifer 8"
109 He's a doll
110 Gridiron position
111 Florid



Rational Numbers

by Linda Thistle

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, one digit has been entered in the diagram.



ACROSS
2. Ten less than 12-Down
5. Five times 3-Down
7. 1-Down times 18-Down
9. Digits of 15-Across reversed
11. Thirty more than 1-Down
12. Consecutive digits in descending order
13. Ten more than 15-Across
15. Two hundred less than 7-Across
17. 2-Down minus 13-Across
19. Seven less than 4-Down

DOWN
1. Same digit repeated
2. 12-Down minus 10-Down
3. Twenty less than 12-Across
4. The first digit is the sum of the other digits
6. Digits of 8-Down reversed
8. 2-Across plus 19-Across
10. Same digit repeated
12. The first digit is the sum of the other digits
14. The last digit is the sum of the other digits
16. Consecutive digits in ascending order
18. Three less than 11-Across

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See answers Page 11

MAGIC MAZE ● DESCEND

F Z W T Q N K I F C Z W U R P
M J H G E C Z X U S Q N L J G
E C Z R X V T R E P N E L J H
E C A A Y E W T E V G T R P N
L K I V V G U L T R E C B Z X
W K N I S H B O E U A E S R P
O M D T C M P M M N G P L J I
G E D A U P B B M N N M P A F
Y X R T L U W U U T S U Q E A
P A O E S P A L L O C L T N L
P O R D L K P J P I L S H G L

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Collapse
Dive
Drop
Fall
Gravitate
Parachute
Plummet
Plunge
Rappel
Slip
Slump
Submerge
Topple
Tumble
Tunnel

HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Wishing Well®

2	4	7	2	4	6	5	8	4	6	7	5	6
Y	F	A	O	A	E	A	B	M	X	B	I	T
8	7	2	3	7	3	5	2	7	5	3	2	7
U	E	U	R	T	E	D	A	T	I	C	R	E
2	4	5	4	2	5	3	2	6	8	2	5	4
E	I	S	L	S	R	I	E	R	I	C	E	Y
2	5	6	8	5	2	7	5	3	2	3	8	6
U	C	A	L	E	R	R	I	P	E	R	D	P
7	6	7	5	6	8	5	3	5	6	3	8	7
L	A	I	V	Y	B	E	O	D	C	C	R	F
6	8	7	6	8	3	4	6	8	3	4	8	3
H	I	E	E	D	A	P	C	G	T	R	E	E
4	3	8	3	4	6	3	4	3	4	3	4	4
O	D	S	L	S	K	O	P	V	E	E	R	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

DINING, TRAVEL & ENTERTAINMENT

CELEBRITY extra

by Evelyn Green

Q. A recent magazine article about Martha Stewart said that she wanted to choose the prison where she'd be spending her five-month sentence. She didn't get what she wanted because it was overcrowded. But how is it that she even was allowed to choose a location anyway? — *Julie T.*

A. In many instances of white-collar crime, the convicted person can request a prison facility that would be easier for his or her family to visit. Barring extenuating circumstances, more often than not, judges may well suggest that sentencing boards comply. In Stewart's case, she asked to be sent to one close to her Connecticut home. But, as you noted, it was too crowded and she was sent instead to serve time in a West Virginia institution.

***

Q. On the show "Will and Grace," I was told that Eric McCormack, who plays Will, didn't want to do it at first because he says he's straight and the role might keep him from getting straight parts later on. Is that true? And if so, what changed his mind? — *Pat D.*

A. When "Will and Grace" debuted in 1998, he was interviewed by one of my colleagues who asked him if he thought the role might prove to be a problem in stereotyping him as a gay character. McCormack said no. He believed audiences understand that when an actor plays a role, he is not playing his alter ego, and he felt (correctly as it turned out) that he would be offered a variety of roles to play during the series' hiatus periods.

***

Q. I'm curious about the arrest photos of celebrities that sometimes appear on the Internet. Some of them — like one of Nick Nolte looking wild-eyed and disheveled and another recent one of Glen Campbell that I could hardly recognize — make them look really bad and hung over. Can the celebrities sue for invasion of privacy in allowing those pictures to be used in the media or on the net? — *Sherry W.*

Eric McCormack

A. Probably not. An arrest is a public event (as it should be in a democracy where we don't want people carried off in secret in the middle of the night), and unless one is a minor, being processed in connection with an arrest is a matter of public record.

***

Q. I recently saw a movie in which Alec Baldwin played "The Shadow," one of my favorite classic comic-strip characters. Will there be more "Shadow" movies? — *Stu M.*

A. Probably not in the near future. Baldwin's flick was not the box-office success "Shadow" fans like yourself hoped for.

The same thing happened with another classic comic character, "The Phantom." Hollywood predicted it would attract fans to the theaters, especially with Billy Zane playing the "Ghost Who Walks." But the flick stumbled.

Have a question for Evelyn? E-mail her at letters.kfws@hearstsc.com, or write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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THE CHOPPING BLOCK

by Philomena Corradeno

TWO TEMPTING TREATS FOR HALLOWEEN

This year Halloween falls on a Sunday, with no school distractions. So, the kids have all day to build up excitement and anticipation for trick-or-treating. You can't get them to the table — they're too busy trying on costumes. You can get them to settle down, though, with imaginative food presentation.

Booberry Bats over Blue Moons were meant to be dessert, which you might serve after a bowl of their favorite canned soup topped with a few croutons. But you can make them the main dish using a sturdy bread such as multigrain or country bread, instead of pound cake, and omitting the sugar and cocoa sprinkle.

The kids don't know, nor do they care, but you know that blueberries are high in the antioxidants that help reduce the buildup of bad cholesterol and may be helpful in reducing the risk of some cancers and heart ailments. In addition to the fruit, you're giving the kids dairy in the cream cheese, which provides calcium. All in all, this is a fun way to serve valuable nutrients. The Blue Witch's Brew is a healthful snack any time.

BOOBERRY BATS OVER BLUE MOONS

- *1/2 cup water*
- *2 1/4 cups frozen or fresh blueberries, divided*
- *1/3 cup plus 1 tablespoon sugar, divided*
- *1 tablespoon cornstarch*
- *Pinch salt*
- *1/2 cup whipped cream cheese*
- *2 drops red food coloring*
- *1 drop yellow food coloring*
- *1 (10.75-ounce) loaf frozen pound cake, thawed*
- *1 teaspoon confectioners sugar,*
- *1 teaspoon unsweetened cocoa powder*

In medium saucepan, over high heat, bring 1/2 cup water to a boil. Add 2 cups of blueberries; return to a boil. Lower heat and cook until liquid is released from fruit, about 2 minutes. Meanwhile, in a cup, combine 1/3 cup of the sugar, the cornstarch and salt. Add to blueberries, stirring constantly, until sauce thickens, about 1 minute. Spoon into a bowl; cover and chill.

In small bowl, stir together cream cheese, remaining 1 tablespoon sugar and food coloring; set aside. Cut a thin layer off the top and bottom of the pound cake. Cut pound cake into 4 thick horizontal slices. Working with 1 slice, use a 4-inch bat-shaped cookie cutter to cut out 2 bats. From the same slice, use a 1/2-inch half-moon-shaped cutter to cut out 4 half moons. Repeat with the remaining cake slices. Carefully spread 4 bats and 8 moons with cream-cheese mixture. Press remaining 1/4 cup blueberries into cream cheese, covering with remaining bat and moon shapes, forming sandwiches.

In a cup, combine confectioners sugar and cocoa; through a strainer, lightly sprinkle over sandwiches. Spread blueberry sauce on 4 serving plates to form a "sky background." Arrange 1 bat and two moons on each plate; serve. Yield: 4 portions.

BLUE WITCH'S BREW

- *1 (12-ounce) package frozen thawed blueberries or 2-1/2 cups fresh*
- *1 1/4 cups apple juice*
- *1 cup vanilla ice cream*
- *1/4 cup milk*
- *3/4 teaspoon ground cinnamon*

In blender, combine blueberries, apple juice, ice cream, milk and cinnamon until smooth. Serve immediately. Yield: about 4 cups

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CRITIC'S CORNER

By D.N.A Smith

"Mr. 3000"

Running time: 104 minutes
MPAA rating: PG-13

I went in to "Mr. 3000" with low expectations.

And they were met.

The film stars Bernie Mac, a Harley comedian in a moped of a movie. Mac plays Stan Ross, the Milwaukee Brewers' bad-boy first baseman. Ross' arrogance makes Charles Barkley and Barry Bonds look like Pooh and Tigger by comparison. After making his 3,000th hit (an almost guaranteed ticket to Cooperstown), Ross snatches the ball from a kid in the stands and quits baseball, leaving his team in the lurch as they're about to head into the pennant race. Ross doesn't care. "I got MINE!" he proclaims to the press.

Ross leaves baseball and opens a strip mall with businesses that echo his achievement: an Asian restaurant named 3000 Woks; a hair salon named 3000 Cuts. You get the idea.

Fast-forward nine years. Ross is up for enshrinement in the Hall of Fame. A routine accounting of his stats reveals a miscalculation. Mr. 3000 is actually Mr. 2997. So Ross, at age 47, returns to baseball to reclaim his milestone.

In the process, Ross learns the meaning of humility and sacrifice, comes to grips with getting older, rekindles an old flame and teaches a younger player not to make the same mistakes he did. Awwwwww.

There are a couple of problems with "Mr. 3000." The first is that Bernie Mac is too good a performer to be in such a limp, trite movie. The romance between Ross and Angela Bassett's character has no spark. And although

Bernie Mac (right)

this is a baseball movie, there isn't much baseball in it. It's also supposed to be a comedy, but there aren't too many laughs.

Don't get me wrong, "Mr. 3000" isn't a horrible movie, but it isn't a great one, either. It's a really good mediocre movie, one that deserves to be on TV rather than the big screen. It's got "rental" written all over it.

GRADE: C+

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Books

School of Dreams: Making the Grade at a Top American High School
by Edward Humes
(Harvest Books, $14)
Reviewed by Ealish Waddell

Books about schools or teachers or the state of education usually focus on the weaker students — the ones who are struggling with basic skills or exploding in dramatically antisocial ways. "School of Dreams," however, introduces us to a very different kind of school experience.

Whitney High School in Cerritos, Calif., is renowned the world over as a place for kids to get a first-rate prep-school education for public-school prices — that is, free — and hundreds of families have moved to the district from other states, and even other countries, simply to give their child a chance to go there. The principal goes unrecognized in his own hometown, but on a trip to an educational conference in South Korea found himself signing autographs for a busload of awestruck citizens.

How did Whitney reach these lofty heights? Author Edward Humes traces the school's evolution from a little-regarded experimental learning center in the '70s to its current seat at the top of the list for grades, SAT scores and college admission rates.

Most importantly, however, he lets us into the psyches of these honor students. Many of their stories have a common thread: strict parents who refuse to consider any future or even activity for their kids except medicine — or possibly law; students who sleep four hours a night and turn to gallons of coffee (and sometimes other substances) just to keep going; an educational culture in which grades become more important than the ability to apply knowledge to the real world.

But, tellingly, most of these kids want to do it. They enjoy the challenge of Whitney and genuinely like to learn and be around others who like to learn. But is there a price?

"School of Dreams" promises to inspire powerful questions about the value of both ambition and sacrifice.

Books reviewed in this column are available at your local bookstore.

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top 10 movies

1. **Shark Tale** .....(PG)
Will Smith, Robert DeNiro
2. **Ladder 49** .....(PG-13)
Joaquin Phoenix, John Travolta
3. **The Forgotten** .....(PG-13)
Julianne Moore, Dominic West
4. **Sky Captain and the World of Tomorrow** .....(PG)
Jude Law, Gwyneth Paltrow
5. **Mr. 3000** .....(PG-13)
Bernie Mac, Angela Bassett
6. **Woman Thou Art Loosed** ....(R)
Kimberly Elise, Loretta Devie
7. **Shaun of the Dead** .....(R)
Simon Pegg, Nick Frost
8. **Resident Evil: Apocalypse** ..(R)
Milla Jovovich, Sienna Guillory
9. **First Daughter** .....(PG)
Katie Holmes, Marc Blucas
10. **Cellular** .....(PG-13)
Chris Evans, Kim Basinger

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Moments in time

THE HISTORY CHANNEL

- On **Oct. 27, 1904,** the first rapid-transit subway system in America is opened in New York City, with Mayor George McClellan at the controls of the train as it runs beneath Manhattan. Today, the New York subway system is the largest in the world.
- On **Oct. 29, 1929,** Black Tuesday hits Wall Street as investors trade 16,410,030 shares on the New York Stock Exchange in a single day. Billions of dollars were lost, wiping out thousands of investors. In the aftermath of Black Tuesday, America spiraled downward into the Great Depression.
- On **Oct. 30, 1938,** Orson Welles' production of H.G. Wells' "War of the Worlds," a fictional drama about a Martian invasion in Grovers Mill, N.J., airs on the radio program Mercury Theater. The show sparked a panic among listeners who believed the play was an actual news broadcast.
- On **Oct. 31, 1957,** Toyota Motor Sales, U.S.A., Inc. is founded in California. Toyota's first American headquarters were located in an auto dealership in downtown Hollywood, Calif., and by the end of 1958, 287 Toyopet Crowns and one Land Cruiser had been sold.
- On **Oct. 28, 1967,** Academy Award-winning actress Julia Roberts is born in Smyrna, Ga. Her parents ran an acting workshop in Atlanta, where she began studying as a teenager.
- On **Oct. 26, 1984,** at Loma Linda University Medical Center in California, Dr. Leonard L. Bailey performs the first baboon-to-human heart transplant, replacing a 14-day-old girl's defective heart with the walnut-sized heart of a young baboon. The infant, known as "Baby Fae," survived the operation but died 20 days later.
- On **Oct. 25, 1994,** Susan Smith reports a man hijacked her car in South Carolina and took her two young children who were riding in the back seat. After nine days of intense national media attention, Smith confessed that she had driven her Mazda into a lake in order to drown her children.

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The vote is the most powerful instrument ever devised by man for breaking down injustice and destroying the terrible walls which imprison men because they are different from other men.
—Lyndon B. Johnson

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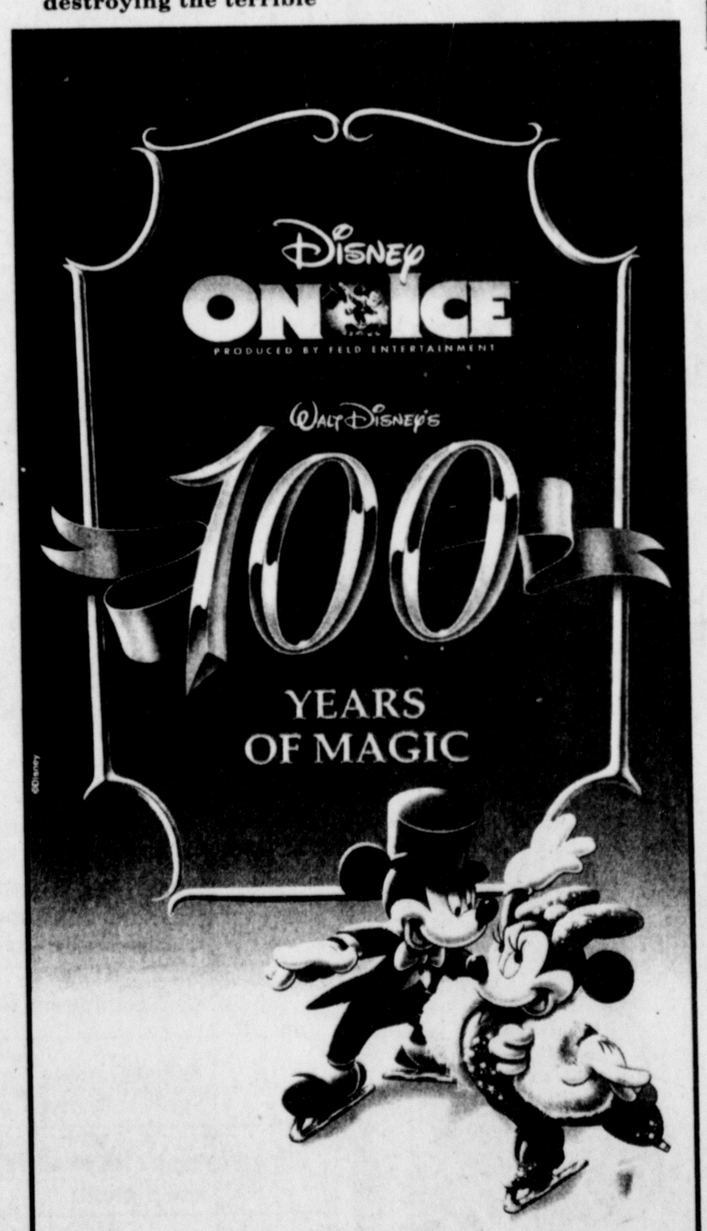

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WEST SACRAMENTO

LETTERS from page seven

bility for. What matters most is that a new high school system be built as soon as possible and that we, as a community, come together and take advantage of the economic opportunities that the Port could provide in the future. With gross underutilization of the Port and its assets to provide not just jobs, but a level of unique character of our community, we need to embrace the power of international trade opportunities and take a fresh look at a new high school system to serve and prepare our kids for the new century's challenges. The time is now to take the momentum of West Sacramento's prosperity and plan for new and exciting things in these areas where there is community debate.

This will be the final opportunity to tell you, the readers and voters of our fine city, how thankful I am to you for the opportunity to serve this community for the past eight years. Our ten months ago, this letter would have been written in a much different tone since I was considering not running again. However, because I cannot allow myself to leave the job I set out to accomplish eight years ago unfinished, I had no alternative but to ensure your neighborhood is protected from our prosperity's side effects like traffic and loss of neighborhood character. This election will determine how we will ultimately know what West Sacramento will be all about.

This is why I am humbly asking for your vote.

I am available to anyone who desires me to clarify where I stand. I may be reached at 371-6117, or emailed at montmark@pacbell.net.

MARK P. MONTEMAYOR
City Councilmember and Port Commissioner

Thanks!

On October 1-2, the Embarcadero Lions Club of Old Sacramento set up a table for Lions White Cane Days at the new Nugget Market in West Sacramento. Club members handed out small white canes with red tips symbolizing the visually impaired. The generous donations from the West Sacramento community were overwhelming. We collected $732. We would also like to thank Mary Gordon, manager of Nugget Market, for her help and time.

On October 5, we stood on the street corners of West Sacramento and sold copies of the Sacramento Bee as part of Kids Day to benefit the Shriners Children's Hospital. We sold 800 papers and were able to donate $1,322 to the Shriners Children's Hospital. Once again, the generosity of the people of West Sacramento was overwhelming.

We, the Embarcadero Lions Club would like to thank all of you who gave donations and stopped to talk to us during our fundraising in West Sacramento. Our club of 37 men and women meets on the Delta King in Old Sacramento every Wednesday morning at 7:10 a.m. If you are interested in our fundraising efforts, are looking for a club to join, or know of a need in the community me might be able to help, please do not hesitate to come to a meeting.

JOE FLORES, White Cane Day Chairman
West Sacramento

Vote for these four:

After carefully examining all the issues in the upcoming local election, I strongly believe that we need to elect Bill Kristoff, Mark Montemayor, John Vinson and Tom Martin if we are going to bring back sanity to city government. I urge you to join me in voting for these four candidates.

MICHAEL BALL
West Sacramento

Vote for Machschefes

When the voters re-elect Karl for school board member in the November 2 election, you are not only getting an experienced board member but also his family: four for the price of one.

Karl's children Jacob and JuliAnn helped stuff envelopes and hand out flyers for the past school bond issue, and participated in the Southport Elementary Talent Show and volunteered their time during summer school. They also helped the rotary club plant trees as part of Arbor Beautification Day, as well as participating in the Community Day Parade and worked at the Neighbor's Fair and many other projects.

I have been an active member of the Southport RTA for the past six years including the last two as president. During this time we (the PTA) have raised over $100,000 for the children and raised the PTA membership to an all time high of 125 members. In the past I have also helped pass the last two school bond issues.

As an active community member, I am very concerned about all the political signs that are being destroyed or stolen. These people are not only tampering with the election but they are also committing a federal offense.

I urge you to vote for Karl Machschefes in the November 2 election because you not only gain him as an experienced board member but you also gain his family!

JANE MACHSCHEFES
West Sacramento

In support of Prop. 63

Everyone knows someone who suffers from a mental illness -- chronic depression, bipolar disorder, and Schizophrenia, brain diseases that often require hospitalization and long-term treatment. The burden to provide mental health services in recent years has fallen largely on California counties. However, greatly reduced state funding has caused more mentally ill residents to become homeless; they cannot get the crisis help they need, and suicide rates are up.

Proposition 63 is an unprecedented opportunity for Californians to "do the right thing." Through 1% surcharge on those who make $1 million or more a year, approximately $700 million to $1 billion will be available to provide services that focus on prevention, provide for children and the elderly, and strengthen the "safety net" of crisis and acute care services for all Californians.

Yolo County's mental health department is facing a $2.5 million deficit, necessitating a dramatic reduction in services for all citizens. It is critical that we not be duped by the argument that Proposition 63 is bad business. Under the Bush Administration, wealthy Americans have already benefited from a 2-3% tax reduction. Voting for Proposition 63 is simply the right thing to do, regardless of your political affiliation.

CAROLYN REIFF
Chair, Yolo County Local Mental Health Board

From WUSD candidate Dave Westin

I have refused to accept money from any union, charter school, charter school advocacy firm and am therefore, an independent-minded person, but a team player that will put children first, politics second. We need to eliminate the haves and have not situation we have in West Sacramento in order to become the premiere city in the region. That starts with a positive vision for the future and proven blueprint on how to get there.

My platform and turnaround plan for WUSD is: Transform the district into one of the top performing school districts in the region within four years; Ensure all children, rich and poor, citizen or immigrant, two-parent family or broken home, have an equal opportunity for a great education; Develop a universal preschool program that enables five-year old children to get a great educational foundation before entering kindergarten; Utilize a computer-based curriculum that focuses on the basics with an emphasis on math and science and enables a steady increase in student test scores; Increase accountability for student performance by enabling parents to access weekly grades, homework assignments and attendance via the internet or via a dial-up phone service; Renovate existing schools by taking out the portables and building permanent structures with new classrooms, cafeterias and playgrounds, thereby eliminating the haves and have not's situation we have in this city; Plan for new growth by being proactive and building new schools now; Implementing a K-8 option for all parents so they are not forced to send their kids to an overcrowded junior high across town; Bring teacher salaries in-line with the region, so that quality teachers do not leave for better paying jobs elsewhere; Ensure that developers, who re-zone outside the General Plan or Southport Framework Plan, pay higher fees for education, since the city is doing them a favor.

My name is Dave Westin and I need your vote for school board.

DAVE WESTIN
West Sacramento

Your help is much appreciated!

September 30, 2004! A year ago on that day, we were ready to close the doors of our Emergency Services Day Shelter, and stop providing to those in West Sacramento that live on the financial fringes of our society. The past year has been a roller coaster of emotions, financial uncertainty and faith for us here at the Broderick Christian Center.

With the help of Sacramento Bee reporter Steve Gibson, who gave media attention to our situation, along with donations from Housing Solutions International, the Rumsey Foundation, the West Sacramento Foundation, and numerous people and churches who stepped

Please see MAILBAG, next page

'School boards should represent families, children and education – not politics.'

'I have spent the better part of my adult life working for the betterment of the West Sacramento community.

'I am a lifelong resident of West Sacramento, with four generations of my family living here. I have a vested interest in our community, my children, and yours.'

-- Evelyn 'Irene' Eklund

Paid for by 'Friends of Irene Eklund' #1270381

- VOTE NOVEMBER 2 -
EVELYN 'IRENE' EKLUND

The Yolo County Taxpayer Association

(A Government Watchdog Group of Yolo County Taxpayers)

Recommendations Summary for
November 2, 2004, California Ballot Propositions

To save money, take this form with you when you vote.

1-A	Protection of Local Government Revenues	Y
59	Public Records, Open Meetings. Legislative Constitutional Amendment.	Y
60	Election Rights of Political Parties. Legislative Constitutional Amendment.	Y
60A	Surplus Property. Legislative Constitutional Amendment.	Y
61	Children's Hospital Projects. Grant Program. Bond Act. Initiative Statute.	N
62	Elections. Primaries. Initiative Constitutional Amendment and Statute.	N
63	Mental Health Services Expansion, Funding. Tax on Personal Incomes Above $1 Million. Initiative Statute.	N
64	Limits on Private Enforcement of Unfair Business Competition Laws. Initiative Statute.	Y
65	Local Government Funds, Revenues. State Mandates. Initiative Constitutional Amendment.	Y
66	Limitations on "Three Strikes" Law. Sex Crimes. Punishment. Initiative Statute.	N
67	Emergency Medical Services. Funding. Telephone Surcharge. Initiative Constitutional Amendment and Statute.	N
68	Non-Tribal Commercial Gambling Expansion. Tribal Gaming Compact Amendments. Revenues, Tax Exemptions. Initiative Constitutional Amendment and Statute.	N
69	DNA Samples. Collection. Database. Funding. Initiative Statute.	N
70	Tribal Gaming Compacts. Exclusive Gaming Rights. Contributions to State. Initiative Constitutional Amendment and Statute.	N
71	Stem Cell Research. Funding. Bonds. Initiative Constitutional Amendment and Statute.	N
72	Health Care Coverage Requirements. Referendum.	N

Following these recommendations will save Californians *BILLIONS* of dollars!

Some of the Propositions are good ideas that California cannot afford right now.
E-mail your Suggestion/Opinion to holisticvet@direcway.com. [Include YCTA in Subject Line.]

Yes!

I want to join the Yolo County Taxpayers Association!

Name: _____
Address: _____
City/ST/Zip: _____
Telephone: _____ E-Mail: _____

Individual	Family	Professional	Small Business	Large Business	Corporation
$25	$50	$75	$150	$500	$750

Return Application & Check to: YCTA, 15200 County Road 96B, Woodland, CA

PAID POLITICAL ADVERTISEMENT - Paid for by Yolo Co. Taxpayer's Association

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Linda S. Patrick
Attorney at Law
3.26
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Karl Machschefes for School Board
◆ EXPERIENCED. Four years board leadership, five years as a classroom teacher and 12 years in the construction and design industry.
◆ KNOWLEDGABLE. Providing valuable insight into the design process of the new high school.
◆ NEW IDEAS. Full-day kindergarten for all kids. Delaine Eastin, former Secretary of Education, supports the idea -- why can't we?
◆ LEADERSHIP. I have provided new ideas, new directions and a new result for WUSD. With your continued support we can accomplish a lot more.
KARL MACHSCHEFES FOR SCHOOL BOARD
10.27
PAID POLITICAL AD

TOP TEN

Top 10 Top Video Rentals

1. **Man on Fire** .....(R)
Denzel Washington (Fox Video)
2. **The Punisher** .....(R)
John Travolta (Lions Gate)
3. **Scooby Doo 2: Monsters Unleashed** .....(PG)
Freddie Prinze Jr. (Warner)
4. **Ladykillers** .....(R)
Tom Hanks (Touchstone)
5. **Jersey Girl** .....(R)
Ben Affleck (Miramax)
6. **Twisted** .....(R)
Ashley Judd (Paramount)
7. Soul Plane (NR) Tom Arnold (MGM)
8. **Home on the Range** .....(PG)
Judi Dench (Walt Disney)
9. **Taking Lives** .....(R)
Angelina Jolie (Warner)
10. **The Girl Next Door**.....(NR)
Emile Hirsch (Fox Video)

***

It's not the voting that's democracy; it's the counting.
—Tom Stoppard

***

MAILBAG from page 10

forward to help, we have made it through a very difficult year.

Because you cared, 13,392 prepared meals were provided to men, women, and children that have nothing more than the clothes on their back; 5,771 food boxes were distributed to families and individuals who are chronically poor and homeless in West Sacramento; approximately 3120 showers provided individuals with the opportunity to feel better about themselves; and approximately 1050 loads of laundry were provided that allowed our clients to have clean clothing and better personal hygiene.

Please, don't feel like the time to stop giving has arrived. We are still very much in need of your continued support. Having ran on "bare bones" for the last year we have many needs that we must look at as we begin this new path. Of course, the need isn't as great but it is still there. We would ask that you continue to think of us.

Anyone wishing to help support the Day Shelter can do so by contacting the Broderick Christian Center at 372-0200.

SHARON WAGNER
Program Coordinator, Emergency Services

Everyone should vote

On November 2 all registered voters will have the opportunity to express their opinions on several items, from who should be our president for the next four years to choices for legislative offices, city council, school board and numerous propositions, the latter being an outlet for groups seeking change not afforded them by traditional means, the most noteworthy for our state being Prop. 13 (limiting property taxes), from over 25 years ago, and many of which are confusing. Often such confusion discourages voters, one cause of only about a 50% turnout. Even if one is undecided on the "major" offices or issues, surely some of those election choices are worth partaking in. Better informed voters collectively make wiser choices.

Think of voting like grocery shopping...often one choice is important enough: Either way, one ingredient can be crucial to a "recipe for success"; thus, worth the effort.

WILLIAM A. LOWELL
West Sacramento

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Answers to 'Sports Quiz' (p. 3) and Puzzles (p. 8)

Answers

1. Javy Lopez of the Atlanta Braves, who had 43 homers and 33 walks.
2. John Franco had 148 saves from 1984 through 1989.
3. The Cincinnati Bengals in 1970.
4. It was 1980, when the final four included a 2nd seed (Louisville), 5th seed (Iowa), 6th seed (Purdue) and 8th seed (UCLA).
5. Bob Johnson of Pittsburgh in 1991.
6. Two — 1991 and 1999.
7. Oliver McCall, for the WBC title.

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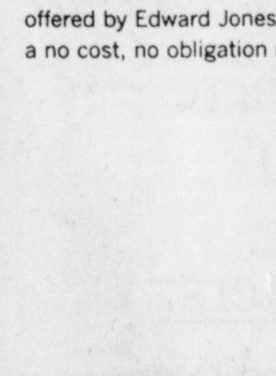
Differences: 1. Number is different. 2. Bag is missing. 3. Mask is missing. 4. Hat is different. 5. Lamp is missing. 6. Belt is missing

National Numbers — answers

1		5	1	3		9
1	7	0		4	1	8
	8	1	2		4	1
5	4		2	2	8	
2	1	8		2	7	3
3		9	7	4		8



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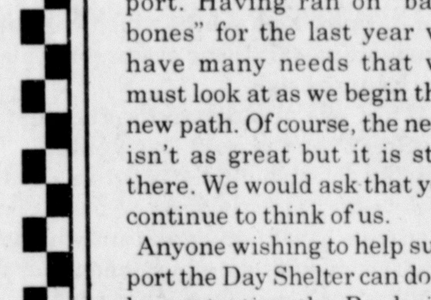
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INVITATION TO BID

Sealed proposals will be received at the office of the Director of Community Development, 1110 West Capitol Avenue, 2nd floor, West Sacramento, California until **10:00 a.m. local time on Tuesday, November 30, 2004** for the:

Jefferson Tributary Sewer Cleaning & CCTV Project

The proposed work consists of the following:

Description of Work: The work consists of the cleaning, closed circuit television (CCTV) video recording, condition assessment evaluation, and rehabilitation recommendations of existing gravity sanitary sewer pipelines.

Completion of Work: All work shall be completed within **forty-five (45)** working days from the date designated on the Notice to Proceed.

Obtaining Contract Documents: Plans and specifications may be examined at the office of the Director of Community Development, 1110 West Capitol Avenue, 2nd Floor, West Sacramento, California. A copy of bid documents may be obtained at the office upon request and payment of $20.00 or may be mailed upon request and payment of $25.00. The amount of the payment is non-refundable.

Submission of Proposals: All proposals must be submitted not later than the time prescribed. The bidder is wholly responsible to see that his bid is submitted at the time and place designated for the opening of bids. Any bid received after the time and date specified shall not be considered. Any bid may be withdrawn prior to the scheduled time for opening bids.

Each bid must conform and be responsive to this notice and shall be made on the official proposal forms furnished with the contract documents.

Attention is directed to the provisions of the Business and Professions Code Section 7028.15 which makes it a misdemeanor for any person without a valid contractors license (with specific exceptions) to submit a bid to act as a Contractor to a public agency.

Proposal Guarantee: Each proposal must be accompanied by cash, a cashier's check, certified check or bid bond, executed on the prescribed form, in an amount not less than ten (10) percent of the total bid price payable to the City of West Sacramento.

Bidders are hereby notified that in accordance with the provisions of Government Code Section 4590, securities may be substituted for any monies which the City may withhold pursuant to the terms of this Contract to ensure performance.

Construction License: The successful bidder must possess a current **Class "A" General Engineering** Contractor's License issued by the State of California.

Award: The award shall be made to the lowest responsible bidder whose proposal complies with the specified requirements. The award of Contract will be made by the Director of Community Development, and the Contractor shall execute the Contract within ten (10) days after he has received the Contract from the City.

The City reserves the right to waive any irregularity in the proposals. No bid may be withdrawn for a period of sixty (60) days after the opening of bids.

Rejection of Bids: The right is reserved to reject any and all bids. Any bid not conforming to the intent and purpose of the Contract documents may be rejected. The City reserves the right to make all awards in the best interest of the City.

Disqualification of Bidder: If there is a reason to believe that collusion exists among any bidders, none of the bids of the participants in such collusion will be considered and the City may likewise elect to reject all bids received.

Relief of Bidder: Attention is directed to the provisions of Public Contracts Code Section 5101 and following, concerning relief of bidders and in particular to the requirements therein that if the bidder claims a mistake was made in his bid, the bidder shall give the City written notice, within five (5) days after the opening of bids of the alleged mistake, specifying in the notice, in detail, how the mistake occurred.

Wage Rates: Bidders are hereby notified that the California Director of Industrial Relations has determined the general prevailing rate of wages for each craft, classification, or type of worker needed to execute the work.

It shall be mandatory for the Contractor and any subcontractor under him to pay not less than the said specified rates to laborers and workmen employed by them in the execution of the Contract.

Bonds: The successful bidder will be required to furnish a payment bond in an amount equal to one hundred (100) percent of the Contract price, and a faithful performance bond in an amount equal to one hundred (100) percent of the Contract price.

MEET THE CANDIDATES:

The News-Ledger presents a question & answer session with those running for election to the West Sacramento City Council

BILL KRISTOFF:
City Councilmember,
Retired, U.S. Postal Service

BILL KRISTOFF

What specific skills would you bring to the city council?

I feel I am uniquely qualified to guide West Sacramento into the future because I have the experience it takes. I was first elected to the council in 1986 and have served as mayor three times. Throughout our city's growth and progress there have been tough decisions to make and complex issues to master. I believe I have a record of success over the last 18 years.

What are your top two priorities while on the council?

I want to make sure our residents have additional shopping and recreation opportunities. I am also committed to ensuring we fix our schools, complete traffic improvement projects and build our new park system before we approve any more new developments.

What do you like about the way West Sacramento is growing and developing?

I am very pleased with the quality of neighborhoods here in West Sacramento. More and more I believe our residents – new and old – are taking pride being permanent and committed members of our community.

How would you like to change the way the city is growing and developing?

I would change the pace at which we're growing. We need to complete our road system, park construction and other infrastructure needs before we build more developments.

Please give an example of a city whose growth style West Sacramento should emulate.

I don't believe comparisons work here in West Sacramento... we have to employ totally unique growth principles that I believe will make us an example for other cities to model.

What is the future of the Port of Sacramento?

The future of the Port of Sacramento is uncertain. But my priorities are to ensure we find ways to keep people working, make sound land use decisions and make sure our taxpayers don't get stuck with the bill.

Is this city in good fiscal health?

The city is in very good fiscal health. I have helped make sure we hold on to surplus budget money so that it is used in hard times for the services our residents demand – like police and fire services and road improvements.

What's the biggest disappointment for the city since it formed in 1987?

My biggest disappointment since we became a city is not moving fast enough to complete road improvements and get our schools in shape. I believe we're making progress on roads, but our schools must now be a top priority.

What's the city's role in improving the local schools?

First, we have to work cooperatively with the school district to get our new high school built. Collectively, the city council must also use its influence to get parents and businesses involved in schools and hold our district accountable for the condition of our school buildings and the performance of our students.

What will be West Sacramento's two biggest challenges in the coming decade?

Our two biggest challenges will be jobs and schools. I believe we will overcome our growing pains. But we must create good local jobs so residents can work in the city where they reside, and schools that are tops in the region.

MARK POMPEYO MONTEMAYOR
Elderly Care Administrator and Councilmember

What specific skills would you bring to the city council?

I run a small family business and I bring my experience from this to the Council. I live with the impacts of my City Council decisions everyday. In addition, I am a lifelong resident of the City who grew up in Southport and now lives in Broderick.

What are your top two priorities while on the council?

A thriving business environment for the City that includes the Port that would be a good neighbor for the entire City, an active industrial base to provide our City with the jobs that keep our residents working, and a commercial complex that provides the shopping opportunities we have been waiting for. My second priority is ensuring paced quality growth that complements our existing .

What do you like about the way West Sacramento is growing and developing?

West Sacramento's growth and development is staying close to our General Plans and we have unique and ambitious projects that not only make us proud, but make us noteworthy beyond our borders.

How would you like to change the way the city is growing and developing?

We need to be more stringent in making sure local and regional infrastructure and amenities are in place before many homes are occupied throughout the City.

Please give an example of a city whose growth style West Sacramento should emulate.

Because we are unique, there is no City to emulate.

What is the future of the Port of Sacramento?

Depending on the cooperation of the West Sacramento City Council and the Sacramento-Yolo Port Commission, we could make sure the Port is run at a profitable level with a Master lease to the Agriculture Industry to run the Port not just according to their needs, but also be a profitable and good neighbor. When we establish a vision consistent with the Port's and Communities needs that make the best use of these Port's assets, the port will thrive. This is why the Port Plan must be allowed to complete its task and resist the pressures of bad development and growth that undermines our planning process.

'West Sacramento's growth and development is staying close to our General Plans and we have unique and ambitious projects that not only make us proud, but make us noteworthy beyond our borders.'

Is this city in good fiscal health?

The City is in good financial health so long as the State of California does not seize our dollars that we have been prudent to save, and the City Council does not over commit our dollars by venturing into programs that deplete our precious funds on low priority items at the expense of public safety and park related priorities

What's the biggest disappointment for the city since it formed in 1987?

The project formerly known as Lighthouse is definitely the biggest disappointment until Grupe jumpstarted the project. Lighthouse now known as the Rivers now is a symbol of Broderick's renewal.

What's the city's role in improving the local schools?

Our City's role is not to interfere with the inner workings of the schools. This would be us micro managing the schools and it would be embarrassing to commit this since many City leaders accuse school board members of exactly that.

What will be West Sacramento's two biggest challenges in the coming decade?

Managing the growth of our City to make sure that infrastructure is in place before homes and businesses are occupied. The second biggest challenge is stimulating economic activity that we desire for West Capital Avenue and the Riverfront.

ELECT TOM MARTIN MAYOR

Community First. Politics Second.

Raised here, educated here
and still living here!

Partial list of supporters:

James and Barbara Cameron
Al and Lucy Grund
Tom and Louise Martin
Frank F. Feher
John and Sylvia Hunsaker
Don and Sue McCune Jr.
Patricia Hilliker
Mark Warford
Charles and Sally Johnsen
Michael (Cory) Ballard
Margaret Watson
Ben Flint
Greg Vernon
Les and Cindy Wilmunder
Clark and Donna Cameron
David Lyons
Norma Sublett
Bryan Dutra
Kevin Ballard
Janie Carter
Alice Cook
Suzie Johnson
Patricia & Larry Flint
Matthew T. Flint
Greg Huckabay
Dora Siters
Edwin G. Zawaki
Janice Ballard

Thanks to all my supporters!!!!

Paid for by Martin for Mayor FPPC #1267989

MACHSCHEFES from page 1

for our new high school which will serve all students in WUSD and successfully planning for future growth.

What are the district's greatest challenges over the next five years?

Being able to build the programs and facilities we need in the budgets we have. Construction costs have risen significantly higher than the rate of inflation, which means our facility dollars don't go as far as they used to.

How has the district come up short in the past five years?

The reputation from several years back is taking time to change, it took the city over 10 years to change its reputation. The board has been slow to accept change and new ideas. The board has fought new ideas to the detriment of children.

How well is WUSD faring on student test scores? What does that tell us?

We have shown good gains in test scores in the past five years. In high school we still have struggles because many kids learned with whole language and did not have the phonics base which our younger kids have. We have also had immigrants coming to our district and they have had to learn both the academic material and the English language. Other districts don't encounter these issues and yet our scores have kept up.

How well is the district's money being watched and accounted for?

The district is in good financial shape, better than most districts. We have our reserves in good shape, have good amounts of money for future facilities needs, and we have enough money to provide for benefits and raises for our employees

What aspect of the district ought to be receiving more public attention?

Our growth in test scores, our very good group of principals, the tenure of our principals, many have been with the district over 10 years. Also overlooked is the fact that we have been adopting new ideas like K-8 and full day kindergarten and that we have California Distinguished schools and nationally-recognized schools and programs. Westmore Oaks is a nationally recognized school, and the AVID program at Golden State Middle School is a nationally recognized and emulated program.

NOVOA from page one

nity. The Spanish speaking families are been neglected for 20 years.

How would you describe a board member's job duties and relationship with staff?

The WUSD should ensure that every hire follow procedures giving every applicant an equal opportunity.

Aside from new campuses and campus renovation, what are the district's greatest accomplishments in the past five years?

The past WUSD board has done a good job but their State of the District report has great statistics but the report fails to mention district problems. The district has many problems. But the report as no strategic plan for the future.

What are the district's greatest challenges over the next five years?

The biggest challenge will be keeping up with the growth of West Sacramento.

How has the district come up short in the past five years?

The WUSD has failed to improve their bilingual program.

How well is WUSD faring on student test scores? What does that tell us?

Student scores are improved but in the schools that have a large ethnic population show much lower test results.

How well is the district's money being watched and accounted for?

The budget will really be under scrutiny in 2005/06. The WUSD will be to do more with less money.

What aspect of the district ought to be receiving more public attention?

The district needs to hire and work closer with the Hispanic community.

MEET THE CANDIDATES, continued:

CHARLES SANO

What specific skills would you bring to the city council?
My work as a Puerto Rican activist over the last 40 years.

What are your top two priorities while on the council?
Working for a new library and senior center downtown.

What do you like about the way West Sacramento is growing and developing?
It's okay, but what is truly needed is a community park across from city hall, for families, children, teens, senior citizens to enjoy on a daily basis.

How would you like to change the way the city is growing and developing?
More positive development is needed for the downtown area. It still looks like a "stage coach stop" in 2004!

Please give an example of a city whose growth style West Sacramento should emulate.
West Sacramento should develop its own from positive input.

What is the future of the Port?
The Port of Sacramento has seen its good days.

Is this city in good fiscal health?

What's the biggest disappointment for the city since it formed in 1987?
Where the casino was favored by 10,000 signatures (voters), we never got to vote on it.

What's the city's role in improving the local schools?
A role model presentation by each council member to the students expressing the importance of education.

What will be West Sacramento's two biggest challenges in the coming decade?
Housing – where will the jobs be for the graduating high school students of the future?

OSCAR VILLEGAS
Deputy Director,
Governor's Mentoring Project

What specific skills would you bring to the city council?
I bring strong leadership, independence and consensus building skills to the City Council. I also bring a voice for families.

What are your top two priorities while on the council?
My two top priorities are managing our growth so that every neighborhood benefits and making West Sacramento a family friendly city by increasing parks, improving retail opportunities like the new Nugget Market and IKEA and expanding after school programs.

What do you like about the way West Sacramento is growing and developing?
We have been successful in managing our growth in West Sacramento to benefit every neighborhood with improved roads, safe routes to schools, increased retail opportunities and the development of many new parks. We also have some exciting opportunities for the future.

How would you like to change the way the city is growing and developing?
We must continue to keep the bar high for new development so that West Sacramento continues to grow with quality projects that include more parks, a new library and Senior Center with adequate roads to handle the new growth. Keeping growth manageable to ensure our existing neighborhoods are not left behind and that West Sacramento grows as a City, not just as a series of developments. I would also like to expand the City's tree planting program.

Please give an example of a city whose growth style West Sacramento should emulate.
Unfortunately, there aren't a lot of good examples in the region, I know we don't want to sprawl. However, we have a beautiful waterfront and we must take advantage of it. I believe, if we do it right, West Sacramento will be a city that other young cities will want to emulate. We have some anchors right now that we can build on (i.e. Raley Field, the new IKEA, Metro Square and Bridgeway Lakes).

What is the future of the Port of Sacramento?
The City is working closely with Port leadership to determine the future of the Port and to ensure that our community benefits from the final decisions.

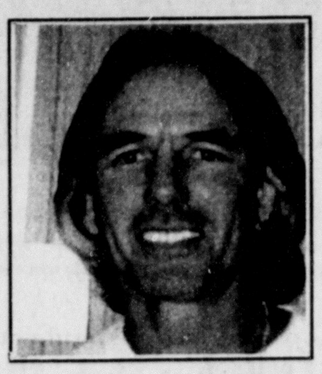
Is this city in good fiscal health?
Yes.

What's the biggest disappointment for the city since it formed in 1987?
That it took so long for some of the wonderful amenities to show up in our community.

What's the city's role in improving the local schools?
It is imperative that the City and Washington Unified School District work together to improve schools throughout the City. We need them and they need us.

What will be West Sacramento's two biggest challenges in the coming decade?
Managing our growth and improving our schools are our two biggest challenges.

JOHN VINSON



What specific skills would you bring to the city council?
Having had Thirty-two years experience in the construction industry most of which has been in the remodeling and restoration business. I have had the responsibility to over see projects through from start to finish involving budgets of Hundreds of Thousands of Dollars.

I have experience working with groups and committees made up with people with very different personalities. I have pulled them all together to work as a team.

Currently I am employed with Sacramento Housing and Redevelopment agency as a Journeyman Carpenter Specialist. I am a member of AFSCME Union Local 146. I'm a shop steward and a member of the negotiation team. I have excellent communication skills and listening skills. I get along with everybody, I am a people person. I have patience; it takes a lot to get me upset. I am extremely skilled at problem solving and move quickly into the solution.

What are your top two priorities while on the council?
a.) To work with Police, Firefighters and Public Works Departments to make sure they have
adequate equipment and personnel to keep our city safe.
b.) Stop residential growth until our city infrastructure catches up with what has already been approved.

What do you like about the way West Sacramento is growing and developing?
Raley's Field and the Loft Development at 3rd and C Street.

How would you like to change the way the city is growing and developing?
We need to attract retail stores that can be supported by the citizens of West Sacramento, I.E Mervyns, Target, Foot Locker, Claire's, Old Navy, Ross, Marshall's and Bath & Beyond. We need to stop duplicating companies (McDonald's, Blockbuster) and bring in more competition. We need more choices not the same choices.

Please give an example of a city whose growth style West Sacramento should emulate.
Instead of emulate a growth style of another city lets create our own city, that we can be proud of and other city's would like to emulate us.

What is the future of the Port of Sacramento?
We need to save the port. It's a gateway to the world.

Is this city in good fiscal health?
With all the Development Fees, Property Taxes and Utility Taxes being collected, you would think so, but when we only have four Fire Stations and one is CLOSED down and another sinking into a septic tank this question is better left for the incumbents to answer.

What's the biggest disappointment for the city since it formed in 1987?
Its inability to attract retail and tourism.

What's the city's role in improving local schools?
The people of West Sacramento elect a City Council and a School Board. City Council needs to over see the City and the School Board needs to over see our school District. If and when the school board needs the cities help they will ask and then and only then should the City Council get involved.

What will be West Sacramento's two biggest challenges in the coming decade?
a.) Redevelopment of our Downtown District and Older Neighborhoods
b.) Building a strong and healthy infrastructure

***
Weigh not so much what men assert, as what they prove. Truth is simple and naked, and needs not invention to apparel her comeliness.
—Sir Philip Sidney
***

***
All travel has its advantages. If the traveler visits better countries, he may learn to improve his own; and if fortune carries him to worse, he may learn to enjoy his own.
—Samuel Johnson
***

***
Truth is tough. It will not break, like a bubble, at a touch; nay, you may kick it about all day, like a football, and it will be round and full at evening.
—Oliver Wendell Holmes
***

'laying By The Numbers: Know And Understand Your Credit Score

(NAPS)—You probably know that if your vision is 20/20, that's good, and that a cholesterol level over 200 is bad; but do you know your credit score and what it means?

If not, you're not alone. A recent survey conducted by the Consumer Federation of America (CFA) and Providian Financial found that almost half of Americans never have obtained their credit score. Only about a third of consumers understand that credit scores measure the risk of not repaying a loan. Only 10 percent of consumers knew what constituted a good or bad score.

"This lack of knowledge is troubling because a credit score can affect your life in important ways," says Stephen Brobeck, CFA executive director. Lenders may use your score to decide if you're a good risk for a mortgage, car loan or credit card; landlords and cell phone companies may use it to decide whether you're a good bet as a tenant or customer. If you get credit, your score may determine the rate.

According to the Web site myFICO.com, on a $150,000, 30-year, fixed-rate mortgage, with a FICO score of 500 to 559, you could qualify for an interest rate of 9.29 percent, at a monthly payment of $1,238. Score above 700 and you'd pay 5.79 percent, $879 monthly. That's a savings of $359 a month—more than $4,000 a year.

Educating yourself about credit scores is an important step toward managing your financial future. Here's what you need to know:

A credit score is a snapshot of your credit risk at a particular time. It measures how likely you are to repay a loan. The most widely used credit scores are FICO scores, named for Fair Isaac Company, which invented them. FICO scores range from a low of about 300 to a high of 850. Most people are between 620 and 780. Credit scores are based on credit history; they don't consider income, age, sex, education level, marital status, race or religion.

Your score is based on five categories of information:

Payment history: Having paid past credit accounts on time indicates you're more likely to do so in the future.

Amount of debt: Having credit accounts and owing money on them is not necessarily bad but owing a lot of money on many accounts may indicate a person is overextended and a poor risk.

Credit history: An established credit history will boost your score. Establish a credit history by opening a credit account in your own name and using it responsibly.

New debt: Shopping for the best products and terms is common but opening several new accounts in a short time may indicate greater risk, especially if you don't have an established credit history.

A healthy mix: Most people who are financially established have a mix of credit accounts, from retail accounts to installment loans to mortgage loans.

Many banks, financial services Web sites and credit-reporting agencies offer FICO score delivery services for a fee. Top-ten credit card issuer Providian (www.providian.com) gives all cardholders free access to their credit score each month. Chris Lewis, executive vice president of Public Policy for Providian, explained, "Many people don't understand that they create their credit score, based on their credit behavior. Learning your score is the first step toward making it better."

Even if you've had trouble in the past, you can improve your credit score through a few simple steps:

- Pay your bills regularly and on time. If you missed payments, get current and stay there.
- Keep balances comfortably below your credit limit.
- Don't open accounts you don't need.
- If you have trouble making ends meet, contact your creditors or see a legitimate credit counselor. Don't wait until it's too late.
- Check your credit report from each credit-reporting agency annually, especially if you're considering a large purchase such as a house or car. Request a copy from www.equifax.com, www.experian.com and www.transunion.com.

Read your report carefully. If you find an error, report it to the appropriate agency and request that it be corrected.

Americans Need Help Managing "Mealtime Multitasking"

(NAPS)—"Multitasking" is a term that may have started in the office, but now it's made its way to the kitchen—where more and more Americans say their busy lives require them to multitask while eating and preparing food. But while juggling multiple tasks at once may be helpful in climbing the corporate ladder, when it comes to mealtime, survey results show most of us take shortcuts that can lead to foodborne illness.

According to a new survey conducted by the American Dietetic Association and the ConAgra Foods Foundation, nine out of 10 Americans say they multitask while preparing meals, and many say they are too busy to even sit down and eat most or some of the time. What keeps us preoccupied? Most say they multitask in order to maximize personal time, while others cite increased family and work demands as activities that divide their time.

"Most of us are so over-extended that we just squeeze in a meal without really paying attention to whether we're preparing foods safely," says registered dietitian Jackie Newgent, national spokesperson for the ADA/ConAgra Foods *Home Food Safety...It's in Your Hands*® program. "Since eliminating the need to multitask can be impossible, families should incorporate proper home food safety habits into their daily routines to diminish the risk of foodborne illness."

Organize Your "To-Do" List

According to the ADA/Con Agra Foods survey, the top three activities home cooks juggle while cooking include watching television (73 percent), washing dishes (70 percent) and talking on the phone (62 percent). Other activities that coincide with meal preparation range from working on the computer (38 percent) to cleaning the refrigerator or kitchen (36 percent) and petting the dog or cat (20 percent).

But while mealtime multitaskers may have their hands full, those hands may not always be clean: Survey results show nearly one in three home cooks do not consistently wash their hands while preparing food. Hands are a common transmitter for bacteria, so remember to wash hands often when handling foods.

Newgent recommends developing a system to keep track of food preparation to help over-extended families manage their home food safety "to-dos." For those who typically prepare meat dishes for dinner, Newgent suggests using color-coded cutting boards and utensils to prevent cross-contamination. "Designate one color for raw meats and another color for ready-to-eat foods—and be consistent," advises Newgent. "Also, keep a meat thermometer in a drawer next to the oven so you easily can make sure meats are cooked to a proper internal temperature."

Manage Your Time

For other mealtime multitaskers, "eating" is just one more item on their daily office agenda. According to the ADA/ConAgra Foods survey, more than two-thirds of Americans say they typically eat lunch (35 percent) or snack throughout the day (30 percent) at their desks. But while these desktop diners may stay on top of their workload, survey results show most need help managing their brown bags.

"It's easy to lose track of time when you're at work and forget the two-hour rule for perishable food items—so make it easy on yourself!" says Newgent. "Before you even sit down at your desk, put your lunch in your workplace refrigerator." Or, pack your lunch in an insulated lunch bag—and throw in a frozen ice pack to keep foods cold.

Pay Attention To Details

Mealtime multitasking isn't exclusive to home and the office; more than a quarter of Americans juggle mealtimes with driving. Yet when multitaskers hit the road, they often forget the number-one rule for home food safety—handwashing. And with most car-friendly foods of the hand-held variety, this means many dashboard diners could be flirting with disaster.

According to the ADA/Con Agra Foods survey, most Americans do not consistently wash their hands after pumping gas. Nor do the majority of drivers keep moist towelettes or hand sanitizer in the car to wash up before digging in. Next time you dine "a la car," avoid spreading bacteria from the gas pump to your portable feast by stocking your glove box with miniature bottles of hand sanitizer, moist towelettes or even a tub of antibacterial wipes so you can clean up, even on the go.

Talk To The Pros About Home Food Safety

The ADA/ConAgra Foods *Home Food Safety...It's in Your Hands*® program educates consumers that home food safety is a serious issue and provides solutions so Americans can easily and safely handle food in their own kitchens. This program complements government-sponsored food safety initiatives that speak to the leading critical food-handling violations by emphasizing the following four key messages: 1) Wash hands often; 2) Keep raw meats and ready-to-eat foods separate; 3) Cook to proper temperatures; 4) Refrigerate promptly below 40 degrees Fahrenheit.

For more information, visit www.homefoodsafety.org.

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Local Scene

SMUD or PG&E?

A new website provides information on the proposal to bring West Sacramento and other Yolo County areas into the utility district served by SMUD. The website is located at www.smudannexationstudy.com. When the feasibility study is complete, West Sacramento and other affected areas will hold public hearings on the issue.

Democrats

West Sacramento Democrats and the "Yolo Beat Bush" campaign seek volunteers to help elect Kerry and the Democratic ticket. Volunteers may meet at 10 a.m. Saturday or 11 a.m. on Sunday at 3344 Allan Avenue, or may call 371-7373.

Harvest Festival

River of Life Church is offering a "Harvest Festival" Trick-or-Treat alternative, on Sunday night, Oct. 31, from 6-8:30 p.m. at the church. Kids welcome. Music and drama, as well as espresso for adults. 3605 Gregory Avenue; call 371-6706.

Check out Masons

You're invited to learn more about West Sacramento's Masonic Lodge during a "Walk About" at 4 p.m. on Nov. 20 at 3260 Jefferson Blvd. The lodge has relationships with both youth groups and Shriners hospital. Refreshments and good fellowship at the Walk About. Call 362-7574 or 366-6048.

Videos to troops

Do you have a family member in the service stationed away from home? The computer graphics staff at All Phase Security, Inc., is offering to help you make a free video to be emailed to your loved one. Call 677-2234.

Ag water

An Agricultural Energy and Water Workshop will include presentations on the status of water quantity, quality and management in Yolo County on Nov. 9 from 8 a.m. to noon at the Yolo County Farm Bureau, 69 W. Kentucky Avenue in Woodland. Space is limited. To reserve a seat, call (530) 753-9425. No charge.

Storytime

Storytime for preschoolers begins in the month of November at the local library, 1212 Merkley Avenue. It will be held Tuesdays at 11:30 a.m. and Thursdays at 6:30 p.m. and is aimed at kids age 3-5. There will be storybooks, feltboard stories, fingerplays, arts and crafts. Call 375-6465.

Pumpkins!

A pumpkin patch sale to benefit the West Sacramento Christmas Basket Project and Community Lutheran Church will be held daily from noon to 6:30 p.m. at Community Lutheran Church, 920 Drever Street (across from the VFW). Pumpkins will be sold through Halloween, Oct. 31.

Volunteers?

The annual West Sacramento Christmas Basket Project, which brings holiday food baskets to needy families in December, is looking for volunteers. If you can help out in November or December, please call and leave your name and number at 372-3360. You may also call Linda at 373-1744 after 6 p.m. on weekdays.

Bingo

"Bingo for Baskets" includes a tostada lunch and starts at noon on Sunday, Nov. 7, at the West Sacramento Veterans of Foreign Wars hall on Drever Street. $10 includes lunch and 15 games. Bingo prizes valued at $25-$50 as well as door prizes. Bring a friend and your dauber. Sponsored by Soroptimist International and benefiting local service projects. Call 371-4268 for tickets. Future bingo dates are Feb. 13 and April 3.

Heroes

The American Red Cross will honor individuals and groups in Yolo County who have made a difference locally, saved a life or impacted others through teaching or helping with Red Cross programs. Nominations are due by Nov. 8 for the "Heroes Luncheon" heroes. Call (530) 662-4669 for more information.

Adult sports

The West Sacramento Parks Department is holding an "open gym" basketball program for people over age 18 at River City High School, every Sunday from Oct. 3 to Dec. 12. The play lasts from 5-7 p.m., and cost is $1 per player. For more information, call 617-4500.

Dinner & bunco

Holy Cross Altar Society will present "Dinner & Bunco Nite" on Sat., Nov. 6, with doors opening at 5:30 p.m. Tickets are $15 per person and include dinner and bunco games. Only 200 tickets will be sold – reserve yours early by calling Jenny Puga, 371-3861.

Lamp exchange

Exchange your old, inefficient halogen "torchiere" lamp for a FREE energy-efficient compact fluorescent torchiere on Sat., Nov. 20, between 10 a.m. and noon at the Nugget market, 2000 Town Center Plaza (at Jefferson and Lake Washington) in West Sacramento. Open to Yolo County residence with proof of an electrical utility account. Used, working-condition lamps are accepted. For more information, see www.yoloenergy.org. Sponsored by the Yolo Energy Efficiency Project.

Health activists

The Salud Clinic Advisory Board is soliciting nominations for the annual John Siden Community Service Award, honoring someone who has served the region's health and welfare. For more information, call 375-6340. Nominations are due by Nov. 1.

Basketball

The West Sacramento Parks Department is accepting registration for its "Junior NBA" and "Junior WNBA" basketball league, serving boys and girls age 5-14. Player draft is scheduled for Dec. 4, and all players age 8 and above must attend the draft. Cost for league play is $45 per student and play begins in January with weekend games. Volunteer coaches are needed. For more information, call www.ci.west-sacramento.ca.us or call 617-4500.

Trees

Anyone joining the National Arbor Day Foundation during the month of October will receive five free crapemyrtle trees for planting. Trees will be shipped November 1 through December 10 with instructions. The 6-12" trees are guaranteed to grow or will be replaced. Send $10 membership fee to FIVE CRAPEMYRTLES, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410 by Oct. 31.

College testing

College-bound students can take the ACT assessment on Dec. 11. Deadline for postmark registration is Nov. 5. Test fee is $28, and the exam rates achievement in English, reading, math and science. Visit www.actstudent.org or speak with a school guidance counselor.

Preschool survey

A campaign to bring universal preschool opportunity to West Sacramento wants local parents of kids age 3-4 to take a few moments to answer a 12-question survey. Visit https://www.ci.west-sacramento.ca.us/upksurvey/default.cfm

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'Across the Bridge':

Events around the West Sac region

Women's conference

On November 3rd, more than 3,000 are expected at the Professional Business Women of California conference to be held at the Sacramento Convention Center. There will be more than 100 exhibitors and 60 speakers. PBWC is dedicated to empowering women to achieve their professional and personal vision by providing tools, education, and training. For registration information call 650-548-2424.

Holiday craft faire

The Sacramento Historic Sites Association in cooperation with California State Parks will hold a holiday craft fair on the State Indian Museum grounds at 2618 K Street in Sacramento on November 26-27 from 10 am to 4 pm. There will be jewelry, artwork, needlework, carvings, beadwork and much more. Admission is $2. For more information call 324-0971. A

New at Crocker

Sacramento's Crocker Art Museum will present "Neo Mod: Recent Northern California Abstraction" from November 20 to January 30. The new exhibit will feature works about the contemporary cultural environment which unite tradition with innovation.

The Crocker Art Museum is located at 216 O Street in downtown Sacramento. For more information call 264-5423.

Old City Cemetery events

The following October fundraiser events are scheduled at the Sacramento Historic City Cemetery, located at Broadway and 10th Street in Sacramento: October 27, Psychic Tour; October 30, Lantern Tour.

The tours will be led by costumed docents and a $10 donation is required for each person on the tour. Call 448-0811.

Food drive

Throughout November you can bring a non-perishable food item to the Sacramento Zoo and receive $1 off the regular admission price. The food collected will help children, seniors, battered women, the homeless and the disabled. The Sacramento Zoo is located near the corner of Land Park Drive and Sutterville Road in William Land Park and is open daily from 10 am to 4 pm.

Napa holiday faire

The 32nd Annual "Gifts 'n Tyme Holiday Faire" will be held at the Napa Valley Exposition at 575 Third Street in Napa on November 19-21. This is a time to get your holiday shopping done early and the Greater Napa Valley Lions club will be offering their homebaked cookies. For more information call 925-372-8961.

YMCA childcare

Need a fun place for your child to play and learn during the day? Have you considered the YMCA? The YMCA offers licensed childcare for children ages 3 months to 12 years of age. The programs operate five days a week. The cost varies depending on the age of your child. Call 452-9622 ext. 111 for more information on locations and prices.

View wildlife

Enjoy a self-guided hike to the wildlife viewing platform of Stone Lakes National Wildlife Refuge on November 13th and 27. You will see birds of prey and other grassland wildlife. To reach the refuge trail head, take Interstate 5 to the Elk Grove Boulevard exit, turn west, and park; the refuge entrance is adjacent to the highway. Dress for October weather and for more information call 775-4420.

Bird show

The Capitol City Bird Society's 26th annual Bird Show and Mart will be held October 23-24 at the Placer County Fairgrounds, 800 All America City Boulevard in Roseville. There will be bird judging, vendors and educational programs. For further information call 530-867-3801.

History Museum exhibit

Opening October 23rd and continuing through Feburary of next year the Folsom History Museum will host an extensive exhibit in conjunction with the Sacramento Art Deco Society. A variety of objects will be on display including toys, sheet music, figurines and much more.

The Folsom History Museum is located at 823 Sutter Street and will be open daily during August and September, 11 a.m. to 4 p.m. Call 985-2707.

Dude ranch visits

If you are planning a vacation for yourself or your family, visiting a dude ranch might be just what you're looking for. For information you can visit www.duderanch.org or contact The Dude Ranchers' Association, PO Box 2307, Cody, WY 82414 for a free directory.